

# **SAPC Prevention Updates**

Los Angeles Department of Public Health Substance Abuse Prevention and Control

December 9, 2021



## **Prevention Programs: Updates**

- Work Plans for FY2021-2022
- Year-End Reports for FY2020-2021
- RSFQ and WOS Updates
- Elevate Youth CA Innovation Track Grant
- Commercial Cannabis Regulation Recommendations (submitted)
- Delta-8 Health Advisory (draft)



# Director Updates for SAPC Prevention Providers

- Gratitude
- COVID-19 Situational Update
- Timely Prevention Claims
- Overdose Discussion

Los Angeles Department of Public Health Substance Abuse Prevention and Control

### December 9, 2021

## Gratitude







### **COVID-19 Situational Updates**

There has not been a significant uptick of COVID-19 cases after Halloween and the Thanksgiving holiday, but the situation remains highly fluid, with the emergence of the Omicron variant highlighting the ongoing importance of vaccines, boosters, and ongoing precautions.



#### Omicron Variant

- We are still learning about the new Omicron variant, including how it spreads and how it responds to vaccines. Here is what we know right now:
  - This new variant has many mutations in important areas of the virus that impact infectiousness and the ability for immune systems to protect from infection.
  - Some of the mutations are concerning to scientists because they are very different from other variants previously detected.
  - We do not know at this time if this new variant causes more severe COVID-19 illness than other variants or how it might impact response to treatment, but right now, there is no evidence associating the Omicron variant with more severe disease but there is likelihood that it has enhanced transmissibility.



## **Timely Prevention Claims**

Many providers submitted late claims past SAPC's deadline of July 10<sup>th</sup> this year.

Due to stricter requirements by DHCS, many of these late claims resulted in SAPC being unable to use intended block grant dollars for this service. This inefficiency results in lots resources and harms both SAPC and its provider network because SAPC is no longer able to rollover unused block grant funds from year to year.

Moving forward, SAPC will not permit late claims submissions, particularly as SAPC will not have additional funding capacity to offset these late claims.



### **Overdose Discussion**

52% increase in accidental drug overdose deaths during the 10 months of the pandemic (March 2020 to December 2020) compared to the same time period in 2019.

Driven by meth and fentanyl

How is our Prevention provider network responding to the overdose epidemic?

# Discussion



"The opposite of addiction is not sobriety; the opposite of addiction is connection."

- Johann Hari



### Best of 2021: Prevention Network in SPAs 1-4

Stephen Updyke – SPA 1
Albert Melena – SPA 2
Claudia Hathcock – SPA 3
Bryan Zaragosa – SPA 4

### SAPC SPA 1

Environmental Prevention Services (EPS), Adolescent Prevention Services (APS) & Comprehensive Prevention Services (CPS)





Pueblo y Salud Inc. A.V.



- Began February 2021
- 8 active youth, 11 overall
- Age range 12-17
- Social Media Advocacy
- Participation on National campaigns.

 They have created everything from scratch: name of coalition, logo, mission/vision statement, and social media platforms.





Jillian Stebbins



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Eric Chen

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### Youth Leadership Council

#### Introduction

The Tarzana Treatment Centers Youth Coalition is a group of community partners which aims to educate youth in the Antelope Valley on the dangers of substance abuse and provide the resources they need to be successful and engaged community members. We consist of several involved youth as well as the Tarzana team who meet twice a month to discuss the roadblocks facing youth in the AV as well as possible methods to support them. We also cover social media presence and advocacy events to promote health and wellness, and physical and monetary aids that local youth need. Right now, our focus is finding ways to communicate information about substance abuse prevention to youth in an understandable and relatable manner through social media and peer support. We're still in our infancy, but as we move forward, we hope to make real change in the community.

Our admin team is Jillian, Valeria, Natalia, Tiffani, Eric, and Martin









### National Recovery Month

- · Visual Environmental Campaign
- · Pueblo y Salud promoted throughout Palmdale
- Purple Ribbons around Lancaster clinics, Palmdale clinics, and the parks with QR codes for the Recovery Month website.
- · Received a Commendation from Supervisor Kathryn Barger from District 5

# Drug Take Back Day

- October 2021 event was at Palmdale Kaiser Permanente
- · We received 113lbs/ 12 boxes
- Organizations: KP, PYS, CHP, LASD, DEA















Pueblo y Salud Inc. A.V.

# SPA 1 Coalitions TTC & PYS are active in!

- AV Marijuana, Alcohol & Pharmaceutical Prevention-Lead agency
- AV Youth Opioid Coalition-Antelope Valley Partners for Health
- AV Clergy Roundtable-LADMH
- AV Health Neighborhoods-LACDMH
- AV Service Area Leadership Team (SALT)-LACDMH
- AV Regional Community Alliance (RCA)-LACDMH
- Rethinking Access to Marijuana (RAM)-LACPP
- Los Angeles Drug & Alcohol Policy Alliance (LADAPA)
- Alcohol Action Network-U.S. Alcohol Policy Alliance (APHA-ATOD)



#### **COLLECTIVE ACTION THAT ADDRESSES SAPC PRIORITY SUBSTANCES**

"Building a movement that is based on our common goals"

# All APS and CPS providers continue to work with middle & high school students, parent groups, and other community groups in their respective target communities.

#### SPA-2 Providers have participated in the following:

- DEA National Prescription Drug Take-Back;
- SAMHSA Prevention Week;
- Red Ribbon Week;
- Equal Ed Event School Supply and Backpacks for youth;
- National Recovery Month;
- National Medicine Abuse Awareness Month;
- Participated in community events and panels to promote prevention, parenting and treatment;
- Off-Sale Retailer Engagement; Alcohol Delivery Project
- Worked with RAM, LA DAPA, and CAPA to Support Policy Development



Child and Family Center Partnered with DFY SCV at the Parent Resource Symposium to speak on Substance Use and Social Media.









- DEA Take Back Event at Kaiser: safe disposal pouches and safe storage lockboxes;
- Truck-O-Treat: Treats with snacks and prevention messages
- Red Ribbon Week Activities w/ Jeopardy Students



Equal Ed Event Provided Backpacks and School Supplies to Local Youth;

• DEA Take Back Event at Kaiser with Y.O.R Staff

**Red Ribbon Week Activities** 



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Phoenix

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ORNIA

Keep them safe. Clean them out. Take them back.

Visit DEATakeBack.com for a collection site near you.









#### **Tarzana Treatment Centers**

CPS and APS Programs focuses on school-based prevention services to both students and parents ages 12-21

Student-based programs focus on preventing and/or delaying underage alcohol, tobacco and marijuana use by providing health information and encouraging healthy beliefs and attitudes. CPS also focuses on fostering better parenting practices and strengthening of family bonds. Our goal is to teach parents different methods that will enhance effective parent-child interactions and bonding, to teach children skills to resist peer influence, and to reduce adolescent problem behaviors.

#### COLLECTIVE ACTION THAT ADDRESSES SAPC PRIORITY SUBSTANCES

"Building a movement that is based on our common goals"

## **LET'S MAKE** FFFRFN Hagamos la Diferencia

can stop the opioid and prescription drug epidemic"

(818) 837-7767

#### **CIA Rx Safety Webinar Series**



Progression of efforts: DEA Take-Back -> Rx Safety Webinar Series -> Let's Make A Difference/Hagamos la Diferencia

When it comes to preventing the potential harms associated with prescription drug misuse or abuse, we can all take:

leev

communities

safe from

**KEEP RX MEDICATIONS** 

**NEVER SHARE RX** 

MEDICATIONS!

ED OR EXPIRED BX MEDICATIONS WILL REDUCE THE RISK OF MISUSE OR ABUSE

RX MEDICATIONS CAN LEAD TO MISUSE & ABUSE. OR EVEN AN OVERDOSE!

HAVE YOU

SIGNED THE

**Z**STEPS

**1** Safe Storage

2 Not Sharing **8 Safe Disposal** 1.844.804.7500

SECURE AND OUT OF REACH

**PROPERLY DISPOSE OF** 

ALL RX MEDICATIONS.

medications



# PHARMACY ENGAGEMENT

Engage local pharmacies to promote the "Let's Make a Difference Campaign" and the importance of safe Rx Practices.

#### Level 1 Engagement:

1. Pharmacies promote the Safe Home Pledge and display Rx Disposal Boxes; 2. Distribute Rx Disposal Location Magnets; and 3. Distribute Rx Materials (Posters and Handouts).

### Level 2 Engagement:

Distribute Rx Materials (Posters, Handouts and/or Magnets).

SB212 Funded Drop Boxes





ADP retailer in Van Nuys with ABC Supervising Agent in Charge & Steven Flamenco, NCADD



Progression of efforts: Retail Framework/Merchant Committed 
Merchant Committed Plus 
Alcohol Delivery Project

# SPA-2 Communities In Action / RAM / SPA-Wide

#### **PROBLEM:**

A proliferation of Smoke-Shops (Vape-Shops) in San Fernando Valley communities, as well as throughout the city and county of Los Angeles, may be a key contributing factor to youth vaping incidents on school campuses.

#### Context:

Over the last several years, a pattern of retail availability has emerged among smoke-shops (risk settings) that cater particularly to middle-school and high-school age youth.

#### Products:

Delta-8 and Delta-10 Products | Unregulated Cannabis Flavored CBD/THC | Extraction Kits | Other Questionable Products San Fernando Valley Partnership and Communities In Action Coalition



#### WHAT OUR SCHOOLS AND Communities need to knov

Delta-8 tetrahydrocannabinol, also known as Delta-8 THC, is a psychoactive substance found in the Cannabis Safiva plant, of which marijuana and hemp are two varieties. Delta-8 THC is one of over 100 cannabinolds produced naturally by the cannabis plant but is not found in significant amounts in the cannabis plant. As a result, concentrated amounts of Delta-8 THC are typically manufactured from hemp-derived cannabidal (CBD).

It is important for consumers to be aware that Delta-8 THC products have not been evaluated or approved by the FDA for safe use In any context. They may be marketed in ways that put the public health at risk and should especially be kept out of reach of children and pets. (PAUS. for dury during the public health at the

n the Los Angeles County Department of Public Health. Subs



NATIONAL POISON CONTROL CENTEI Received 661 Exposure Cases o Delta-8 THC products Between January 2018 and July 31, 2021

660 OF WHICH OCCURRED BETWEEN Ianuary 1. 2021. And July 31. 2021

**OF THE 661 EXPOSURE CASES:** 

INVOLVED UNINTENTIONA

EXPOSURES AFFECTED PEDIATRIC Patients less than 18 years of AGF- AND

FOLLOWING EXPOSURE To these products. Source:

WWW.FDA.GOV/CONSUMERS/CONSUMER UPDATES/5-THINGS-KNOW-ABOUT-Delta-8-tetrahydrocannabinol-Delta-8-thc

Developed by Albert Melena, San Fernando Valley Partnership, with funds from the Los Angeles Department of Public Health, Substance Abuse Prevention and Control.



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**JEWISH FAMILY SERVICE LA** 

#### @RADSGV 🞯 🛉 😏



# **Collective Impact**







- National Rx Take Back Day
  - Pomona 120 lbs
  - Pasadena 323 lbs
  - Covina 16 boxes
- Alcohol Counter Marketing
  - 12 bars
  - 180 table tents
  - 1,575 coasters
- Red Ribbon Week (engaged over 1,000 community members)
  - Selfie Contes
  - Podcast
  - Virtual Town Hall
  - Instagram Live
  - Trunk or Treat

#### @RADSGV 🞯 f 💟



# Pasadena Public Health Department



- Provided Life Skills Training to middle and high school youth
- Continued community outreach to increase awareness of AOD misuse and abuse





@DAYIDO 🞯 🗗 💟



What's Up Wednesday's • 5 Instagram Live Events

- ••••928 Views
- والفانة فالمحالة فالغان

#### **Trunk or Treat + Vaccine Clinic**

- 216 Parent Resource Bags
- 800 Children's Bags
- 100 Flu Vaccines
- 100 COVID-19 Vaccines



## NCADD



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- Partnership for a Positive Pomona held its Community Quinceanera
  - Alcohol free celebration to change community and social norms regarding alcohol
- Downtown Pomona Goes Red
  - Local youth engaged with business to promote Red Ribbon Week and gather support for local prevention efforts





### Prototypes



**PYPC x DAY ONE KICKBALL GAME** 

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Downtown Pomona Goes Red

- Youth council members engaged with 13 new local business
- 2021 Youth Recognition Awards Ceremony
  - First annual recognition event for all current Pomona Youth Prevention Council members
- PYPC x Day One Kickball Game
  - Collaborated with community organizations and the City of Pomona
  - Engaged youth and families in AOD free alternative activities

#### @YOUTHPREVENTIONPROTO 🞯 f 😏

# Jewish Family Service LA



- Transitioned youth program to virtual setting
- Expanded services to Arcadia High School and Elementary schools with our online groups
- Collected 258 survey from students at Santa Fe Middle School that addressed their experience of COVID
- Developed online learning modules used by 353 students
- Virtual drop-in group (15-25 students per week) over 12 weeks

# **Pacific Clinics**



RAD

ASIAN PACIFIC FAMILY CENTER- PACIFIC CLINICS PRESENTS 19TH ANNUAL TALENT SHOW

### SGV GOT SKILLS? WATCH PARTY

Friday, October 22, 2021 | 4:00PM to 5:00PM PST

REGISTER: HTTPS://TINYURL.COM/GOTSKILLSWATCHPARTY





- Hosted 19th annual SGV Got Skills Talent Show
- Hosted 12th annual SCV Youth Summit
  - 20 workshops held weekly, with 3 on demand videos from 8+ community partners
  - 150 youth participants




### Los Angeles County Office of Education





www.compadreslac.org/podcast





- 4 podcast episodes featuring vaping
- 1 collaborative episode with RAD in honor of Red Ribbon Week with 221 downloads

#### @COMPADRES\_LAC 🞯 👖 🗾

## Service Planning Area 4

SAPC Quarterly Meeting December 9th, 2021

#### Service Planning Area (4)

- Boyle Heights
- Central City
- Downtown LA
- Echo Park
- El Sereno
- Hollywood
- Mid-City Wilshire
- Monterey Hills
- Mount Washington
- Silverlake
- West Hollywood
- Westlake



### Koreatown Youth and Community Center (KYCC)

#### **KYCC Highlights and Accomplishments**

- ~170 adult members in 4 Prevention Community Councils/Adult Leadership groups
- ~90 alcohol outlets involved in the Responsible Retailer Campaign
  - 5000+ DUI-prevention materials disseminated in English, Spanish, & Korean
- Launch of an Rx/SafeMed LA Leadership Program - 18 youth and adults/20-24 hours completed
  - 900 Rx Deterra Safety Kits distributed
  - 300 Community Needs Assessment collected
- MacArthur Park Wellness Wednesday Series -4 events/20-40 attendees per event









#### Behavioral Health Services, Inc.

### Children's Hospital Los Angeles



Juntos Family Park Community Clean-Ups

Every First Saturday of the month

Community Outreach Event at Cypress Park Rec Center

Saturday, September 18, 2021!



#### DEA National Rx Take Back Day at NE LAPD

Saturday, October 23, 2021!









Manos Que Sobreviven Food & Resource Giveaway at Irving MS

Every Wednesday!!



Mujeres de la Tierra: Dia de los Muertos Procession at Los Angeles River Center & Gardens

Tuesday, October 26, 2021!

#### Virtual Cannabis Town Hall: What is Delta 8?

Wednesday, November 17, 2021!







### Social Model Recovery Systems

DTLA 2040 Community Plan -alcohol, cannabis, smoke shop restrictions

Local advocacy regarding the LA City Restaurant Beverage Program

#### Activation of local parks (Movies in the Park, Health/Resource Fairs)



Community response to SAPC/DPH data reports (morbidity & overdoses)







# Best of 2021: Prevention Network in SPAs 5-8

- Donna Heydar– SPA 5
- Marianna Hernandez SPA 6
- Nancy Lopez SPA 7
- Jeanne Shimatsu SPA 8

#### SPA 5 - The Westside Impact Project



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PUBLIC STRATEGIES





## South Los Angeles Movement Prevention Coalition SPA 6

#### **SLAM Prevention Organizations**

- Avalon-Carver Community Center (ACCC)
- Community Coalition (CoCo)
- People Coordinated Services (PCS)
- South Central Prevention Coalition (SCPC)
- Shields for Families
- Volunteers of America (VOA)
- Watts Healthcare Corporation's Youth Education Prevention Program (YEPP)
- Weber Community Center



National Recovery Month; International Overdose Awareness Day; Red Ribbon Week via Instagram, Facebook and Twitter



### **SLAM WEBSITE**

#### slamcoalition.org



### **SLAM Youth Council**

- 3rd cohort of the youth council
- 10-15 high school youth
- monthly meetings
- SUD prevention education
- leadership development



#### **SLAM Events**

SLAM Prevention Coalition Invites you... NATIONAL PRESCRIPTION DRUG TAKE-BACK DAY

> SATURDAY OCTOBER 23, 2021 10AM-2PM

safely and anonymously dispose your unused or expired prescription drugs and vapes

Drop off Site: Watts Health Center 10300 Compton Ave. Los Angeles, CA 90002

snacks and giveaways!

\*Drive Thru set up will adhere to COVID-19 Social Distancing Guidelines For any questions contact:



SLAM Events via email events@slamcoalition.org

This material was made boostickey fanders from the Coarty off, as Angeles, Department of Public Heads, Subdahor Abuse Prevention and Coartes





#### Agencies



#### CHCADA - LPP

National Drug Take Back Day - Oct. 23rd, 2021

- Partnered with Hilda Solis
- 35 members brought medications
- 82.1 lbs collected
- 16 resource tables
- Food, Music,
  Vaccine Clinic





#### HYC

#### Norwalk Park and Recreation Trick or Treat Festival on Oct 29th.

- First in-person event since the pandemic.
- Provided drug prevention resources, infographics, and hand sanitizers to over 100 community members.
- Infographics Provided:
  - Safe Prescription Disposal
  - The Body's Response to Marijuana,
  - Social media and its Influence on Drug Use
  - Nicotine Addiction and Vaping
  - The Starting Point Program



#### LACOE

#### Pico Rivera Teen Center Community Event

- Alcohol, Vaping and Marajuana
   Prevention
   Education
- Healthy ways to destress
- Creative Art Session
- 23 middle and high school youth participated



#### SPIRITT Family Services

- Multiple elementary and Middle schools participated in Red Ribbon Week to sign pledges to be drug-free!
  - Over 100 pledges
- As well as assisting Whittier
  PD in their NDTB event
  - 650 lbs. collected
- Collaboration with Whittier Wellness Center - Weekly drug and alcohol prevention workshops to the community!



#### THE WALL LAS MEMORIAS

#### Las Posadas

#### Lincoln Park at the AIDS Monument

Holiday Event with live music, community skits called **"Posadas,"** and community resources including covid tests and vaccines. TWLMP also featured tables for the AOD prevention programs.

Over **300** community members attended event.

20 outreach contacts were established for the prevention program, Alliance For Change Campaign.









### THANK YOU!

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#### Provider Updates and Announcements



# SAPC thanks you and congrats to all for outstanding work in 2021!!

Wishing you a great Holiday Season