



# SAPC Quarterly Prevention Provider and Safe Med LA Community Education Action Team (CEAT) Meeting.

Los Angeles County Department of Public Health

Substance Abuse Prevention and Control

March 12, 2025

# Finance

Daniel Deniz Division Chief, SAPC Finance





## Finance Update – Revised Bulletin



S Public Health

#### SAPC IN 25-03: Budget Format for Substance Use Services Agreements and Contracts

- Available at <u>SAPC's Bulletins</u> section. Please see SAPC Bulletin 24-05.
- Revised budget completion instructions
- Updates Indirect Cost Rate to "Up to 15%"
- Describes Budget Approval Systems *Revised guide coming soon!*
- Incorporates new "Budget Revision Worksheet"



# Finance Update – Billing Update





#### **10% Increase Augmentation**

- Submit requested documents, including budgets, ASAP!
- Revise service/spending plans NOW to reflect new funding amount.

#### **Contract Utilization**

- Timely submission of payments will ensure full use of funds.
- Contracts will be "right-sized" based on actual utilization.

#### **BILLING SUPERSTARS!**

- Phoenix Houses Of Los Angeles, Inc.
- Parents Anonymous, Inc
- People Coordinated
- NCAPP ESGP.
- Koreatown Youth And Community Center, Inc.
- Child & Family Center
- The Wall Las Memorias Project
- Behavioral Health Services, Inc.
- Korean American Family Service, Inc
- Tarzana Treatment Centers, Inc.
- NCADD SFV
- Asian American Drug Abuse Program, Inc.
- The Wall Las Memorias Project
- San Fernando Valley Partnership, Inc.

- Social Model Recovery Systems, Inc.
- Children's Hospital Los Angeles
- Healthright 360 (Prototypes)
- South Central Prevention Coalition
- Special Service For Groups
- Child & Family Center
- Pueblo Y Salud, Inc.
- Watts Healthcare Corporation, D.B.A. House Of Uhuru
- Cambodian Association Of America
- Helpline Youth Counseling, Inc.
- Day One
- Change Lanes Youth Support Services
- Avalon-Carver Community Center
- Institute For Public Strategies

# Finance Updates – Other Key Info



COUNTY OF LOS ANGELES Public Health

### SAPC IN 25-03: Budget Format for Substance Use Services Agreements and

#### **Contracts**

- **Budget Completion Training** 
  - Budget Approval System (BAS) User Guide
  - <u>Budget Approval System (BAS) Training Video</u>

### Contract Amendment Request - DEADLINE

Submit Requests – No later than March 14, 2025

- <u>SAPC Bulletin 22-14 Requesting Amendments to Existing Service Contracts</u> and Agreements
- <u>Contract Amendment Form</u>
- Submit to <u>SAPCMonitoring@ph.lacounty.gov</u>

### **Current Contract Term**

FY 25-26 Contract Extensions – Notices will go out in April



**Finance Services Division Update – Contact** 

# **Questions and/or More Information**

# SAPC-Finance@ph.lacounty.gov (626) 293-2630

# **Prevention Services**

**Stephanie Chen Division Chief, SAPC Prevention Services** 







## **SUBG Policy Manual**

## Substance Use Prevention,

Treatment, and Recovery Services Block Grant (SUBG) Policy Manual

• Version 3.1 (12.9.2024)

Location: SAPC Prevention Provider http://publichealth.lacounty.gov/sapc/pro viders/prevention/preventionproviders.htm?tm

| в Фрн | JIR 🔀 Suggested Sites 🚦 Timecard  |            |
|-------|---|------------|
|       | Provider Invoice Automation System (PIAS) Training Video  | 01/04/24   |
|       | Provider Invoice Automation System (PIAS) Training Manual   | 108/07/24  |
|       | Budget Approval System (BAS) Training Video   | 06/27/24   |
|       | Budget Approval System (BAS) User Guide   | 11/20/24   |
|       | SAPC Information Notice 24-05 - Budget Format for Substance Use Services Agreements and Contract                      | 109/24/24  |
|       | <ul> <li>Attachment I - Budget Instructions</li> </ul>  | 09/24/24   |
|       | - Attachment II - SAPC Budget Summary Narrative   | × 09/24/24 |
|       | Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUBG) Policy Manual (Updated - February 2025) | 102/28/25  |
|       | Prevention Monthly Invoice  | 09/15/22   |
|       | - Prevention Monthly Invoice Tutorial   | 107/07/22  |
|       | Cost Report Forms and Instructions  | 14/22      |
|       | Non-Drug Medi-Cal Cost Report PowerPoint Instructions   | 06/14/22   |



### Administrative/Programmatic Updates

- General Prevention Budget/Funding Updates
- Behavioral Health Services Act (BHSA)/Proposition 1 Updates
  - -Community Planning Team Updates
- Behavioral Health Integration Updates
- National Prevention Week 2025
- Upcoming April 2025 Training: Self-Care and Community Resources
- SAPC Learning and Network Connection (LNC) Platform
- Alcohol Prevention Workgroup: Spring 2025
- Welcome: Dr. Kevin Burns, Associate Medical Director of Prevention



### **Community Presentations**

| Presentation                   | Status       | File Location  |
|--------------------------------|--------------|--|
| Cannabis 101                   | Completed    | SAPC Learning and Network Connection (LNC) Platform  |
| Vaping 101                     | Completed    | SAPC Learning and Network Connection (LNC) Platform  |
| Vaping 101 (Teens)             | In Progress  | Pending  |
| Alcohol 101                    | In Progress  | Pending  |
| <b>Overdose Prevention 101</b> | Completed    | Requirement to attend a training prior to presentation delivery.<br>Training requests are below:<br><u>https://www.surveymonkey.com/r/SAPC_trainingrequestform</u> |
| Meth 101                       | Under Review | Pending  |
| Emerging Drug Trends           | Under Review | Pending  |
| Substance Use Disorder 101     | Completed    | http://publichealth.lacounty.gov/sapc/docs/public/r95/sud/SUD-<br>101.pdf  |

SAPC Learning and Network Connection (LNC) Platform: Launch date TBD

## **SAPC Learning and Network Connection Platform**



COUNTY OF LOS ANGELES Public Health

#### SAPC LNC Platform as an Learning Management Platform

- On-demand trainings available 24/7 anywhere
- Trainings specifically created for all SAPC providers
  - Clinical trainings (Continued Education credits available)
  - Sage trainings
  - Billing trainings
  - Operational trainings
  - Prevention trainings
  - Onboarding trainings





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## **SAPC Learning and Network Connection Platform**

#### How will the SAPC LNC Platform benefit SAPC Providers and SAPC?

- Free access to required trainings (ex: Mandated Reporting)
- Complete trainings anywhere and anytime
- Instant download of completion certificates
- Instant access to information and resources customized to your role and responsibilities
- Staying up to date with SAPC programmatic resources

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KCW0

Public Heal

12

**KCW0** We included DMC-ODS operations here since this presentation was for PAC meeting. Please feel free to adjust according to your need. Ka Chi Wong, 2025-03-07T00:56:24.056

# Behavioral Health Administrative Integration / BHSA Updates

Dr. Brian Hurley Medical Director, SAPC





Effective Strategies for Youth-Focused Substance Use Prevention and Harm Reduction Messaging

Lisette De La Trinidad-Alvarado, SAPC Harm Reduction







COUNTY OF LOS ANGELES Public Health

# Safe Med LA

# **Emerging Trends**

Kevin Burns, MD, MPHAssociate Medical Director, Prevention and Harm ReductionSubstance Abuse Prevention and Control (SAPC)Los Angeles County Department of Public Health (DPH)





# "The opposite of addiction is not sobriety; the opposite of addiction is social connection."

- Johann Hari



## A <u>Continuum</u> of Substance Use Interventions



#### Youth Development & Health Promotion

Programs at school- and community-level

#### Drug Use Prevention

• Universal, selected, and indicated prevention

## Harm Reduction $\rightarrow$ Currently largely serves people who are using drugs and not yet interested in SUD treatment

 Low threshold services proven to reduce morbidity and mortality, including outreach, overdose prevention (naloxone and fentanyl test strip distribution, etc), syringe exchange, peer services, linkages to SUD treatment and other needed services, etc.

## **SUD Treatment & Recovery** → Currently largely serves people who are ready for abstinence

 Involves a spectrum of settings: opioid treatment programs, outpatient, intensive outpatient, residential, inpatient, withdrawal management, Recovery Services, Recovery Bridge Housing, field-based services, care coordination and navigation, etc.

#### Surveillance of drug use and its community impact

Slide Credit: Adapted from Agència de Salut Pública de Barcelona



# Harm Reduction

Harm Reduction is an approach to service provision and a framework to implement services, policies, and strategies aimed at minimizing the negative health, social, and economic consequences of drug use without necessarily reducing drug consumption.

providing support, about walking walking that dignity, and safety at every step.

Recovery is rarely a straight path

Harm Reduction is roviding support, about walking walking that path alongside dignity, and



# EVIDENCE FOR HARM REDUCTION

## **UNITED STATES**

Farnham et al., 2013 and Ronan et al., 2016

**30 years** of Harm Reduction practice in the United States have shown it is effective in:

- Reducing overdose deaths
- Reducing blood-borne infections
- Reducing health costs
  - Lifetime cost of medical care for each new HIV infection is over \$400,000.
  - The equivalent amount of money spent on Harm Reduction programs prevents at least 30 new HIV infections.

## UNITED STATES

Hagan et al., 2000

Compared to people who have never accessed Harm Reduction services, people using Harm Reduction services are:

- **5 X** more likely to participate in drug treatment
- **3 X** more likely to reduce or stop injecting and remain in drug treatment







Figure 1. Drug Overdose Death Counts by Drug, LAC, 2014-2023



Figure 1.1. Drug Overdose Death Rates per 100,000 Population by Drug, LAC, 2014-2023



## Fentanyl's devastating toll

Overdose deaths involving various opioids, all ages

#### HEALTH

# Five years of Covid exacted a terrible toll. Another epidemic has claimed even more lives

'We lost sight of the fact that more young people were dying from drug overdoses than from Covid'



"Multiple kinds of opioids" refers to deaths involving some combination of the opioids listed. Prescription opioids defined by ICD-10 codes for natural and semi-synthetic opioids (T40.2). Data for 2024 are provisional.

Chart: J. Emory Parker/STAT . Source: CDC WONDER



A broad, cross-sector coalition that is taking a coordinated and multi-pronged approach to comprehensively address prescription drug abuse in Los Angeles County







# Safe Med LA Highlights

- Safe Prescribing
  - Implemented safe prescribing guidelines at all 78 emergency departments and 80 urgent care clinics throughout LAC.
  - 14% decrease in opioid prescriptions in LAC, excluding buprenorphine.<sup>1</sup>
- Naloxone
  - Distributed > 21,000 doses of naloxone to community-based organizations and law enforcement in LAC through CHCF grant and CDPH naloxone grant.
  - Trained > 235 pharmacists on the State-required training to enable them to furnish naloxone without a physician's prescription.
  - Supported LASD launch of its naloxone program for field deputies 66 lives saved since 2017 implementation of program.





# Safe Med LA Highlights

- Medications for Addiction Treatment
  - Contributed to 126% percent increase (793  $\rightarrow$  1800) in number of LAC buprenorphine prescribers through provision of federally-required buprenorphine trainings.<sup>1</sup>
  - 8% increase in buprenorphine prescribing in LAC.<sup>2</sup>
- Safe Drug Disposal
  - Developed Google Maps locator to promote safe drug disposal and sponsored Drug Take Back Events

<sup>1.</sup> SAMHSA Buprenorphine Practitioner Locator, 2016 – 2018.

<sup>2.</sup> CDPH California Opioid Overdose Surveillance Dashboard, 2015 – 2017.

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#### HEALTH

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Chart: J. Emory Parker/STAT . Source: CDC WONDER



"New psychoactive substances" is a term used to describe lab-made compounds created for research purposes or for illicit drug markets. An existing drug is slightly modified to avoid existing drug laws.

#### **Types of Substances:**

- Synthetic opioids (nitazenes), semi-synthetic opioid (tianeptine), legal alkaloids (mitragynine/Kratom)
- Synthetic piperazine derivatives "Legal Ecstasy"
- Synthetic methoxetamine (alternative to ketamine)
- Synthetic cannabinoids ("K2" or "Spice"), Delta-8
- Synthetic cathinones ("bath salts")
- Salvia divinorum (plant-based dissociative)
- Synthetic sedatives
- Inhalants: Nitrous oxide

#### Concern:

Emerging substances are usually not included in emergency department drug tests and are not routinely included in the toxicology tests used after a fatal overdose. This delay in data will result in a delay of understanding how widespread use of the drug is, why and how these drugs have their effects, and the care needed.



In 2024, the Center for Forensic Science Research and Education (CFSRE) observed more than **5,200** total NPS detections within examined sample populations (Figure 5), a portion of nearly **20,000** total NPS detections since the program launched in 2018 (Figure 6).





Figure 6: Cumulative number of total NPS detections since 2018.



# Why Are They Becoming More Common?

- Don't rely on cultivating plants, requiring land, water, and other expenses.
- Lower production and shipping costs lead to higher profits.
- More potent than traditional plant-based drugs.
- Can be cut into other drugs (e.g., replacing heroin with fentanyl).
- Can be pressed to resemble counterfeit prescription pills.
- Chemicals used to make them travel across borders easier.

#### **Description:**

 Lab-made and may be as powerful or more powerful than fentanyl. In the 1950s, they were developed in research labs as potential pain relievers but were never marketed. They are most often sold as a white powder or tablets. Many nitazenes are listed as Schedule 1 drugs.

#### Health Effects:

• Slow breathing, blood pressure, and heart rate to dangerously low levels, potentially contributing to overdose.

#### <u>Concern:</u>

• People may not be aware they have taken nitazenes, as they may be added to other substances, including fentanyl, heroin, and benzodiazepines.





#### COUNTY OF LOS ANGELES Public Health

#### **Description:**

 An opioid that is <u>not approved</u> by the U.S. Food and Drug Administration for any medical use. Tianeptine is often marketed as Stablon and Coaxil. Research suggests that most people take tianeptine in dietary supplements marketed as cognitive enhancers or nootropics.

#### Health Effects:

• Dangerous drops in blood pressure, heart rate, or breathing rate. Other effects includes heart and digestive function issues. Taking tianeptine can lead to adverse effects and sometimes overdose.

#### Concern:

• Tianeptine is a medication approved in some non-US countries for anxiety and depression. It has not been approved by the FDA, but there has been an increase in people using tianeptine in the US.









#### **Description:**

- Abstracted from the leaves Mitragyna speciosa plant, sold as Kratom
- Other names: Ithang, Kakuam, Ketum, Krypton, Thom

#### **Health Effects:**

- In low doses, has a stimulating effect, at higher doses, has a stronger opioid effect
- Adverse effects include nausea, vomiting, dry mouth, constipation, and confusion

#### Concern:

 Legal status may create the mis-perception of safety.
 Opioid tolerance & withdrawal may drive people to use other opioids.







# **Synthetic Piperazine Derivatives**

#### COUNTY OF LOS ANGELES Public Health

#### **Description:**

- Stimulate serotonin release in the brain, similar to Methylenedioxymethamphetamine (MDMA / Esctasy), but has some dopamine and norepinephrine effects
- Benzylpiperazine (BZP) most popular
- Powder crushed into pills
- Oher names: Cosmic Jet, Charge, Benzo Fury, Party Pills, MDAI, Exotic Super Strong, XXX Strong as Hell

#### **Health Effects:**

- In low doses, has a stimulating effect, at higher doses, has a stronger hallucinogen effect
- Adverse effects include racing heart rate, anxiety, headache, nausea, vomiting

#### Concern:

 Often overlooked, and while the major analogs (i.e., BZP) aren't legal under the Federal Analogs Act, there are new derivates entering the drug supply regularly.





# **Synthetic Methoxetamine**

#### **Description:**

- Synthetic analog of ketamine, blocks glutamate
- Also blocks reuptake of dopamine/norepinephrine (which results in a stimulant-like effect)
- DEA added to schedule I list in 2022, previously legal for sale
- Names: MXE, M-Ket, Kmax, Mexxy

#### Health Effects:

- Both stimulating and dissociative effects
- Adverse effects: nausea, vomiting, diarrhea, paranoia, anxiety

#### Concern:

 Often overlooked, can contribute to behavioral disruption

## ously legal for RESEARCH CHEMICAL PELLETS METHOXETAMINE

#### £360.00 £300.00 (You save £60.00) ★★★★★ (8 product reviews) Calculated at checkout

Choose a Quantity:

+) ADD TO CART

¥.

#### Click to enlarge

NOT FOR HUMAN CONSUMPTION





RRP:

Rating:

Shipping:

Quantity:

Your Price:



# **Synthetic Cannabinoids**

### **Description:**

- A class of lab-made substances that are chemically similar to THC found in the cannabis plant, usually bind with stronger affinity to cannabinoid receptors
- Can be sprayed onto plant material or added to liquid cartridges used in vaping devices or smoked.
- Other names: Spice, K2, Black Magic, Cloud 9, Fake Weed, Smoke, Legal Bud

#### Health Effects:

 Elevated heart rate and blood pressure, seizures, hallucinations, cognitive impairment, delayed reaction times, anxiety, agitation, delusions, nausea, vomiting

#### Concern:

- These products are packaged attractive to children
- Used for their psychoactive properties
- Often packaged without information as to their health and safety risks







#### **Description:**

- Derived from cathinone which can be abstracted from the leaves of khat plant, native to East Africa
- Major psychoactive components: mephedrone, MDPV, methylone, act to release dopamine, serotonin, and norepinephrine
- Other names: Charge Plus, Hurricane Charlie, Ivory Wave, Ocean Snow, White Lightning, White Dove, Energy, Meow

#### **Health Effects:**

 Intense cravings, severe agitation, psychosis, self mutilation, suicide attempts, fast / irregular heart rate, dehydration, fever

#### Concern:

 Not detected on routine testing and often appear similar to amphetamine intoxication. Associated with severe and unpredictable behavior with agitation outside of an individuals usual behavioral baseline.



COUNTY OF LOS ANGELES
### **Description:**

- Plant-based dissociative abstracted from mint herb native to Mexico, the major psychoactive ingredient is Salvinorin A which has hallucinogenic properties.
- Other names: Diviners Sage, Magic Mint, Maria Pastora, Purple Sticky, Sally D, Salvia Zone

### Health Effects:

 Vivid hallucinations, fear & anxiety, headache, drowsiness, persistent psychosis

### Concern:

• Not federally regulated, banned in California in 2008, but has a history of promotion as a legal hallucinogen.



## **New Synthetic Sedatives**

### **Description:**

- Typically referred to as designer benzodiazepines (DBZD), modified from the structure of existing sedatives FDA approved for prescription.
- Etizolam, flualprazolam, flubromazolam and phenazepam common sedatives where there is a literature of ED visits.

### **Health Effects:**

 Drowsiness, dizziness, fatigue, difficulty speaking, loss of coordination, headache and amnesia, and they have the potential of being addictive

### <u>Concer:</u>

- New analogs being produced, like a 'cat and mouse' game with regulators
- Increase overdose risks
- Can be missed on routine toxicology.







## **Kratom**

### 

## What is Kratom?

- A drug with stimulant effects (in low doses) and opioid effects (in high doses).
- Made from leaves from a tree native to Southeast Asia. It can be smoked, brewed with tea, or placed into gel capsules. Kratom is marketed as a pain reliever and to help with anxiety and depression.

### **Health Effects:**

- Nausea, constipation, dizziness, euphoria, respiratory depression or slowed breathing, etc.
- Can result in opioid dependence and addiction.

### Concern:

 Kratom products are widely available and have not been approved by the Federal Drug Administration (FDA). The FDA has issued numerous warnings about Kratom contamination, including the risk of developing heavy metal toxicity and exposure to contamination from salmonella.



### What is Nitrous Oxide?

- Commonly known as "laughing gas". It is a colorless, non-flammable gas with a sweet odor.
  Nitrous oxide is legal when used for approved medical, industrial, or cooking purposes.
- Nitrous oxide use is more common in social media and is popularized through musical artists (in their lyrics).

## When is nitrous oxide illegal?

• Nitrous oxide is illegal when the intent is for recreational intoxication.

## Health Effects:

 Feeling of euphoria, dizziness, impaired memory/cognition and motor performance, learning problems, etc.

### Concern:

• When used for recreational purposes, there's the risk of overdose. This can occur due to long-term exposure or receiving too much of the gas.







## **S**Public Healt



## **Substance Abuse Service Helpline (SASH)**



Toll-free, available 24/7, year-round • Interpretation available, including TTY



- 1. Anyone can call the SASH (adults, youth 12+)
- 2. Clinicians/Counselors conduct a screening and connect the caller to a treatment provider



3. The SASH operator will connect you with a treatment provider or provides you with a referral options



## **Recover LA Mobile App**



• Free mobile app

 Provides education and resources for those seeking substance use services for themselves or others

Available in 13 languages

RecoverLA.org

QR code can be used to access the app as well



X



Install this webapp on your phone: Tap  $\uparrow\uparrow$  and then Add to Homescreen

18JAN2022



24/7 Overdose Response Hotline





## "The opposite of addiction is not sobriety; the opposite of addiction is social connection." - Johann Hari

## **Questions?**

**Kevin Burns, MD, MPH** Associate Medical Director, Prevention and Harm Reduction

# DEA Update: Drug Trends and Diversion

Ruth Morales Community Outreach Specialist Drug Enforcement Administration, Los Angeles Field Division









Overall Drug Trends Fentanyl Updates DEA Publications DEA National Take Back Day



Pink cocaine, which has also been referred to as tusi, is typically a cocktail of drugs rather than a single illicit substance

DEA laboratory testing has identified pink powders containing combinations such as:

- o Ketamine and MDMA
- o Methamphetamine, ketamine and MDMA
- o Cocaine and fentanyl
- o Fentanyl and xylazine

### What are the effects of pink cocaine?

• Much like MDMA or ecstasy, pink cocaine is a mind-altering psychedelic drug.

• Effects of pink cocaine can vary greatly as many seizures contain mixtures of a variety of dangerous drugs. A few milligrams can be enough to produce the same effects as 60 milligrams of cocaine.





### Why is it pink?

• It is dyed pink to distinguish it from other substances such as cocaine and methamphetamine.

• The distinct pink color comes from food dye or colored baking powder.

### How wide-spread is pink cocaine?

• Currently, pink cocaine is not commonly trafficked. Pink cocaine is typically found in urban areas with active night club scenes like Miami, New York, and Los Angeles.

• Since 2020, DEA has seized a total of 960 pink powders, 4 exhibits contained 2C-B and 956 exhibits of "other" substances.

To put that into perspective, within that same time, DEA has seized 180 million fentanyl pills





Fentanyl is the deadliest drug threat facing the United States.

The United States is facing the first decline in drug poisonings and overdose deaths since 2018. CDC's provisional numbers indicate a 21.7% decrease in fatal drug poisonings between August 2023 and August 2022

In 2023, the United States lost 106,881 Americans to a drug poisoning or overdose death.

Nearly 70% of all drug poisonings and overdose deaths involve fentanyl. Approximately 30% involved methamphetamine







For first time since 2021, DEA has seen a decrease in the potency of fentanyl pills. The latest DEA laboratory testing indicates 5 out of 10 pills tested in 2024 contain a potentially deadly dose of fentanyl.

> 2023- 7 out of 10 pills 2022 - 6 out of 10 pills





#### Los Angeles County Drug-Caused Death Cases 3,500 3,157 2,755 3,000 2,354 2,500 1,941 2,000 1,442 1,500 1,000 500 33 52 50 58 60 60 59 58 65 60 0 2019 2020 2021 2022 2023 All Drug-Caused Deaths 9% Involving Fentanyl 9% Involving Methamphetamine



Nitazenes are a class of synthetic opioids that have been shown to have a similar or higher potency than fentanyl with similar harms.

Protonitazene and metonitazene are listed Schedule I controlled substances, meaning there are no approved medical uses in the United States, or anywhere else in the world.

Protonitazene and metonitazene are often mixed with other opioids, such as fentanyl, to create more powerful combinations of dangerous opioids

In the Los Angeles Field Division, there was one case that contained

A Santa Clarita man has been arraigned on an indictment alleging he distributed protonitazene to a 22-year old victim.





Drugs of Abuse, A DEA Resource Guide, is designed to be a reliable resource on the most commonly used and misused drugs in the United States. This comprehensive guide provides important information about the harms and consequences of drug use by describing a drug's effects on the body and mind, overdose potential, origin, legal status, and other key facts.

# **DEA Publications**



The 2024 National Drug Threat Assessment (NDTA) is a comprehensive strategic assessment of illicit drug threats endangering the United States. DEA's goal in publishing the NDTA is to save American lives by raising awareness and understanding of these threats. This annual assessment provides law enforcement agencies, policy makers, and prevention and treatment specialists with essential intelligence to assist in establishing law enforcement priorities, formulating counterdrug policies, and allocating resources .



Too many families are grieving the death of a loved one due to substance use or coping with the stress that comes from loving a person affected by substance use or misuse. Fortunately, there are thousands of professionals and volunteers involved in all types of organizations who are in positions to help families help their loved one. The Drug Enforcement Administration is honored to partner with these organizations at the state, national and local level. Together for Families seeks to be a place where you can find information that helps you wherever you are on your journey.







Visit DEATakeBack.com for a collection site near you.



## Hidden in Plain Sight Do You Know What to Look For?



## 9vlln; #v; #M}av; #Qvtu;







### **HIDDEN IN PLAIN SIGHT** Do you know what to look for?

#### **DID YOU KNOW...**

Accidental drug overdose deaths are now the number one cause of accidental deaths in the United States (cdc.gov/drugoverdose).

More people misuse prescription opioids than use heroin, cocaine, methamphetamine, and hallucinogens..COMBINED!

The United States makes up 5% of the world's population, yet consumes 99% of prescribed hydrocodone worldwide.

#### ARE YOU AWARE EVERYDAY ITEMS CAN BE USED TO HIDE **DRUGS AND PARAPHERNALIA?**

#### THE BEDROOM

- Bags of Candy · Hollow "Batteries" Behind Light Switch Plate Hollow Cans Inside Pillows Behind Posters - Behind Wall Outlet Cover Mattress & Box Spring "Mini Flashlight" Pipe Belt Buckle Out of Season Clothes "Binoculars" Fake Flask Pens & Staplers Books Picture Frames Breath Mint Containers · Pockets & Hems of Ceiling Fan and Lamps Clothes Chapstick & Lipstick Q-Tip Box Computers Secret Compartments in
- Curtain Rods & Hems Door Frame

 Eye Glass Case Fish Tank

Game Consoles

"Highlighters"

- Furniture

- Guitar

- DVD Case
  - Accessories Socks & Shoes
    - Speakers

Jewelry

Small Key Chain

- Stuffed Animals
- "Suntan Lotion" Flask
- TV & Remote
- Tennis Ball
- HairBrush Hand Sanitizers Tootsie Rolls
  - Top of Mini Blinds

**Drug Enforcement Administration** Community Outreach and Prevention Support community.outreach@usdoj.gov • (202)307-7936





COUNTY OF LOS ANGELES Public Health

## Thank you

## Ruth Morales Ruth.M.Morales@DEA.gov Community Outreach Specialist



## Countywide Household Hazardous and Electronic Waste Management Program

## What is Household Hazar Wallic Health

- Any product labeled toxic, poison, combustible, corrosive, flammable, dangerous, or irritant
- Includes Electronic Waste and Universal Waste (Batteries, fluorescent bulbs, thermostats, etc.)







## **Program Background**



- Countywide Household Hazardous Waste Program started in 1992
- Partnership with LA County Sanitation District, City of Los Angeles, and other organizations.
- Countywide Serves all 88 cities
  - + unincorporated areas





## **Primary Components of the Program**



- Hosted throughout LA County
- Permanent Centers
  - EDCO Recycling & Transfer (EDCO)
  - Antelope Valley Environmental Collection Center (AVECC)
  - S.A.F.E. Centers
  - Reuse Centers
- Additional Programs
  - Household Batteries
  - Used Motor Oil
  - Home-Generated Sharps Waste
  - Electronic Waste
  - Paintcare.com



COUNTY OF LOS ANGELES

## **Reuse Centers**



COUNTY OF LOS ANGELES Public Health







# Why is it important?



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## Senate Bill 212

Pharmaceutical and Sharps Waste Stewardship

# Where and How Do I Dispose of Pharmaceuticals?

To find disposal drop-off locations or obtain mail-back supplies,

visit <u>medtakebackcalifornia.or</u> g or call (844) 4-TAKE-BACK or (844) 482-5322.



#### **Find Convenient Locations**

Enter your address below to find convenient locations.





COUNTY OF LOS ANGELES Public Health

## Senate Bill 212



COUNTY OF LOS ANGELES Public Health

## How Do I Dispose of Home-Generated Sharps Waste?

To order a free sharps waste container with mail-back materials,

visit <u>sharpstakebackcalifornia.or</u> g or call (844) 4-TAKE-BACK or (844) 482-5322.



Safe Disposal of Home-Generated Sharps Waste

### Safely dispose of your homegenerated sharps waste

Order a sharps mail-back package to be shipped directly to your residence for free. Click the button to order now. For more information on how to order a sharps mail-back package by phone, please call (844) 4-TAKE-BACK or (844) 482-5322.

Order A Sharps Mail-Back Package



Pharmaceutical and Sharps Waste Stewardship - CalRecycle Home Page

## Outreach



## COUNTY OF LOS ANGELES

### **TOO TOXIC TO TRASH** DEMASIADO TOXICO PARA LA BASURA

Household Hazardous and Electronic Waste (HHW/E-Waste) Collection Event Evento de recolección de electrónicos y desechos domésticos peligrosos

#### Saturday, May 25, 2024 Sabado, 24 de mayo del 2024

Southeast Rio Vista YMCA at Maywood Park 57th Street and Heliotrope Ave. Maywood, CA 90270

Enter collection from Heliotrope Ave (rear parking lot) Ingrese a la colección desde Heliotrope Ave (estacionamiento trasero)

#### 9 a.m. - 3 p.m.

Follow the transportation limit of 15 gallons or 125 pounds of hazardous waste per trip. Business waste not accepted. Siga el límite de transporte de 15 galones o 125 libras de desechos peligrosos por viaie. No se aceptan residuos comerciales





**Properly dispose of:** 

Electronic Waste

Paint and Solvents

and much more!

Please visit CleanLA.com

or call (888) CleanLA /

(888) 253-2652 for a

location near you.

Chemicals

#### Deseche adecuadamente:

 Medications and Sharps Medicamentos v cortopunzantes (agujas y jeringas) Residuos electrónicos Productos químicos Pinturas y disolventes jy mucho más!

> Por favor visite CleanLA.com o llame al (888) CleanLA / (888) 253-2652 para el evento de colección cerca de usted.

Los Angeles County Public Works 900 S. Fremont Ave. Alhambra, CA 91803-1331

Pharmaceutical and Sharps Waste Stewardship Gestión de residuos farmacéuticos y punzocortantes

Get a FREE mail-back pharmaceutical package or a sharps waste container

Obtenga un paquete farmacéutico gratuito por correo o un contenedor para desechos punzantes

Visit lacounty.gov/epd/hhw/Sharps or scan QR Code below. Visita o escanea el código QR a continuación



Name Address City, State, Zip

## Outreach



#### Clean LA @CleanLA · 11/7/24 November is #NationalDiabetesMonth!

Remember, lancets and sharps are hazardous waste and harmful to the environment. Make sure to dispose of them safely!

For drop-off locations or to request a mail-back container, check out CleanLA.com.



**LA County Public Works** 

Clean LA @CleanLA · 10/25/24 Tomorrow, October 26th, is #NationalPrescriptionDrugTakeB ackDay! Remember to Safely dispose of unused or expired medications to protect your family, community, and environment. To find a drop-off location near you, visit CleanLA.com.



**LA County Public Works** 

LR

Clean LA @CleanLA • 9/26/24 .... LA County Residents! Don't throw away household hazardous waste including sharps and batteries in the trash. Drop them off safely at an HHW event! S For dates, times, and locations, visit CleanLA.com. Let's keep our community safe and clean! #HHW #CleanLA



**LA County Public Works** 





#### Home » Household Hazardous Waste » Pharmaceuticals

Where to safely drop off unwanted medicine and get a **FREE** mail back envelope.

#### Do...

For disposal locations:

- Los Angeles County Household Hazardous Waste Collection Events
- Los Angeles County Environmental Collection Centers
- Pharmaceutical and Sharps Waste Stewardship CalRecycle Home Page
- DEA Control Substance Public Disposal Locations
- DEA Takeback Locator
- Don't Rush to Flush | Don't Rush to Flush
- Prescription Drug Resources from SAFE MED LA

#### Do Not...

• Flush medications down the toilet or put them in the drains!





## **Home-Generated Shar**

COUNTY OF LOS ANGELES Public Health

Altadena Carson Century City of Industry Compton **Crescent Valley** East LA Lakewood Lancaster Lomita Lost Hills



Marina Del Rey Norwalk Palmdale **Pico Rivera** San Dimas South LA Temple Walnut West Hollywood




Francisca Mandujano (626) 458-3585 fmandujano@dpw.laco unty.gov

Stephanie Munoz (626) 458-3540 smunoz@dpw.lacou nty.gov



Phone: (888) CLEAN-LA Website: <u>CLEANLA.com</u>



Public M

# Data Update: Let's Make a Difference

Albert Melena, Executive Director San Fernando Valley Partnership (SFVP)

**Tomas Robles, Program Director, SFVP** 





**County Goal 4:** 

Decrease prescription drug misuse and abuse among youth and adults.





The "Let's Make a Difference" campaign is a community-level prevention initiative based on the **2017** SAPC Community Needs Assessment, which identified home, friends, and family as key sources of youth access to opioids and other prescription medications.

The campaign promotes three core safe medication practices—safe storage, safe disposal, and not sharing medications—grounded in national best practices recommended by **the Centers for Disease Control and Prevention (CDC) and the Substance Abuse and Mental Health Services Administration (SAMHSA)** to combat prescription drug abuse and reduce the risk of misuse and substance use disorders.

## When It Comes To **Rx Misuse/Abuse**

2017 SAPC Community Needs Assessment

- 55% of those who misused or abused Rx medications, used opioids;
- Home is a major source of access to Rx medications; and
- Those who abuse or misuse Opioids and other Rx medications get them from friends or family



Notes: Only those who had ever misused prescription medication were asked this question. Easy Access includes response options "Very Easy" and "Somewhat Easy.

### DEVELOPMENT OF THE "LET'S MAKE A DIFFERENCE" CAMPAIGN

safe from communities medications ZOOM Meeting ID: 873 6555 3287 Passcode: 301397 Communities In Action **DEA National Prescription Drug** KEEP RX MEDICATIONS SAFET) Take-Back SECURE AND OUT OF REACH WEBINAR Series **NEVER SHARE RX** (818) 837-7767 **MONDAYS 3PM** () @sfvpcia MEDICATIONS! MEDICATIONS CAN LEAD TO MISUSE & ABUSE. OR EVEN AN OVERDOSE! Rx Misuse & Abuse - Mar 29 PROPERLY DISPOSE OF Communities In Action will be hosting a **UDAL** ALL RX MEDICATIONS. series of ZOOM sessions on Rx Safety which will lead to DEA's National USED OR EXPIRED RX MEDICATIONS WILL REDUCE THE RISK OF MISUSE OR ABUSE Prescription Drug Take Back on Saturday, April 24, 2021 onsequences & Dangers - Apr 5 \*Spanish translation will be provided HAVE YOU DEA NATIONAL & SIGNED THE TAKEBACK SAFE/ Overdose & Naloxone - Apr 12 ABOUT US Communities in Action is a coalition of community members, leaders and local INVER ....? agencies from Service Planning Area (SPA) 2 addressing alcohol and other Rx Safety - Apr 19 drug availability and accessibility. Our goal is to decrease substance use among youth and young adults. **3**STEPS Call to Action - Apr 26 **1** Safe Storage more information, please cal (818) 837-7767 **2**Not Sharing **8** Safe Disposal 1.844.804.7500 **2**STEPS

WORK PLAN PROGRESSION OF EFFORTS:

SPA-2 Rx Safety Webinar Series

When it comes to preventing the potential harms associated with prescription drug misuse or abuse, we can all take:

o keep



# Let's Make a Difference **Rx Safe Home**Pledge

#### **Rx Safe Home Pledge:**

expired or unused medications.

ne campaign egages pharmacies and other strategic partners, the 'behavior change sage' will extend across Los Angeles County, ning to make safe medication practices as routine as recycling "





Let's Make a Difference
Pharmacy
Engagement

#### **Pharmacy Engagement**

pharmacies – eventually expanding to arger pharmacies or medical groups as the campaign grows in popularity.

Participating Pharmacies can distribute campaign materials, flyers for the annual DEA Take Back events, promote alternate disposal locations and options.







Officers President: Andres Rubalcava

Vice President of Administration: Brielle Acevedo Vice President of Communications: Donald Zelaya Treasurer: George Ortega Secretary: Kathy Bloom



The Sylmar Neighborhood Council is deeply concerned about the potential harms associated with opioids and other prescription medications. In fact, every eleven minutes, someone in the United States dies from an opioid overdose. As a Neighborhood Council, we understand the importance of prevention and would like to express our support for the San Fernando Valley Partnership's "Let's Make a Difference" Opioid and Rx prevention campaign.

The San Fernando Valley Partnership, a substance abuse prevention organization funded by the Los Angeles County Department of Public Health Substance Abuse Prevention and Control, has worked with our neighborhood council on efforts to prevent underage drinking, along with other efforts to keep our young people safe. Most recently, they have developed the "Let's Make a Difference" campaign that works to reduce youth access to opioids and other prescription medications by promoting "safe medication practices:"1. Safe storage; 2. Not sharing medications; and 3. Properly disposing of all unused or expired prescription medications.

We would like to encourage your pharmacy or organization to implement the "Let's Make a Difference" campaign at your respective location to support this tremendous effort and help reduce the likelihood of our young people misusing or abusing prescription medications. Please contact Tomas Robles at 818-837-7767 to learn more about the campaign and resources available to you at no cost.

Sincerely,

Andres Rubalcava President

# Engaging Neighborhood Councils



"Building a base of support"

"We would like to encourage your pharmacy or organization to implement the "Let's Make a Difference" campaign at your respective location to support this tremendous effort and help reduce the likelihood of our young people misusing or abusing prescription medications."





#### Let's Make a Difference Community Pop-up Map



Scan to see LIVE MAP of all pop-ups across LA County

#### DEA TAKE BACK DAY

The decrease in prescription medications collected at DEA Take Back Events indicates increased awareness and proactive measures for the safe disposal of unused or expired medications.

This shift highlights the importance of continued public education and access to safe disposal options as part of a comprehensive prevention strategy.

Data from CalRecycle indicates that more people are utilizing year-round disposal sites, a trend reinforced by the strategies implemented through the Let's Make a Difference campaign.



#### DISTRIBUTION OF MED-PROJECT DISPOSAL LOCATIONS ACROSS CALIFORNIA

MED-Project 2023 Drugs Annual Report Attachment G







#### Every Day is Take Back Day Dispose of unneeded medication Nearly 17,000 locations nationwide Clean them out. Take them back. All year long.

#### **MED-Project Annual Reports**

2022 Annual Report (August 21, 2023): 1,017 Disposal Locations - 277,037 Pounds

## 2023 Annual Report (March 29, 2024) : 1,046 Disposal Locations - 558,210 Pounds

The U.S. Drug Enforcement Administration (DEA) has recognized the importance of year-round medication disposal options. In 2023, the DEA launched "Every Day is Take Back Day," encouraging communities to utilize permanent disposal sites, aiming to make every day a take-back day.

2024 MED-Project Annual Report Not Currently Available

# Announcements





