Wellbeing Center Program Overview



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Adolescent Health and Wellness

Key areas:

Substance use prevention

Mental health

Sexual health

Partners: DPH + DMH + PPLA Collaboration with LAUSD and independent districts



WBC Core Services

Health Education

Peer leadership training and opportunities

Connection to resources in community

Teen call line

Sexual health services

Parent education



Staffing and Scheduling

DPH – 2 days/week
2 Youth Educators
1 Youth Educator Supervisor

PPLA – 1 day/week
Nurse practitioner
Medical assistant



Safe Space for Students

Positive Youth Development framework

- Welcoming, informal, relaxed, supportive, confidential
- Students come to de-stress
- Get education and support from trusted adult
- Get peer support for life-affirming choices
- Confidential consultation



Wellbeing Center Locations





WBC School Districts













Thank You!