

SAPC Prevention Provider Orientation 2022-2023 Fiscal Year Day 2

Substance Abuse Prevention & Control Prevention Services Community & Youth Engagement



Today's Agenda

- LAC Substance Use Data
- Priority Areas
- Goals and Objectives
- Logic Models
- Work Plan Essentials
- PEP and CCP Contract Requirements
- Coalitions
- Required Reports

- Policies and Procedures
- Covered Items
- Prevention Data Reporting (PPSDS)
- Recommended Trainings
- Invoices
- Q&A



Los Angeles County Substance Use Data and Priority Substances





Methamphetamine



Source: National Survey of Drug Use and Health, substate data, 2016-18 and 2018-20



Methamphetamine

Nationwide drug seizures (in pounds), U.S., FY1314-FY2021¹



Domestic meth seizures greatly increased in the US following FY1819, particularly in western states

Lifetime, past year, and past month meth use by age, U.S., 2020²



Meth use increased with age, peaking at age 35-49, and then decreased

http://publichealth.lacounty.gov/sapc/MDU/MDBrief/MethBrief.pdf



Methamphetamine Emergency (ED) Visits by Service Planning Area, SPA





Opioid Overdose Deaths

Accidental Prescription Opioid Overdose Deaths Los Angeles County 2015-2020



Accidental Heroin Overdose Deaths Los Angeles County 2015-2020



LAC DPH SAPC Cartography by Mollie McGrann One dot symbolizes one death from a heroin overdose within the county from 2015 to 2020.



Past Month Marijuana Use among Adults (18+), Los Angeles County, California, and United States, 2016-2020 Annual Averages



Source: National Survey of Drug Use and Health, substate data, 2016-18 and 2018-20





---- Youth Ages 12-17 ---- Adults Ages 18-25 ---- Adults Ages 26 or Higher

Source: National Survey of Drug Use and Health, substate data, 2016-18 and 2018-20



Marijuana Related and Primary Marijuana Emergency Department (ED) Visits, Los Angeles County





Alcohol use in the Past 30 Days by Age in Los Angeles County (LAC), 2018-2020¹



1 in 7 underage drinkers began before they were 13 years old²

Binge Drinking in the Past 30 Days by Age, in CA, 2015-2020³



http://publichealth.lacounty.gov/sapc/MDU/MDBrief/AlcoholBrief.pdf



Current Alcohol Use, Binge Drinking, and Perception of Risk by Age Group, LAC, 2016-2020



■ Youth Ages 12-17 ■ Adults Ages 18-25 ■ Adults Ages 26 or Higher

Source: National Survey of Drug Use and Health, substate data, 2016-18 and 2018-20





4 Priority Substances

The Four Priority Areas

were defined through conducting a local community needs assessment and analyzing existing substance use data.





LA County Strategic Prevention Plan

The Four Priority Areas were defined through conducting a local community needs assessment and analyzing existing substance use data.

Priority 1: Decrease alcohol use among youth.

Priority 2: Decrease marijuana use among youth.

Priority 3: Decrease methamphetamine use among youth and adults.

Priority 4: Decrease prescription drug misuse or abuse among youth and adults.



Los Angeles County Goals and Objectives



County Goals and Objectives: Goal 1:

Goal 1: Decrease Alcohol Use Among Youth

Objective 1.1: Increase perception of underage alcohol use as harmful.

Objective 1.2: Reduce retail availability of alcohol to underage youth.



County Goals and Objectives: Goal 2

Goal 2: Decrease Marijuana Use Among Youth

Objective 2.1: Increase youth perception of underage marijuana use as harmful.

Objective 2.2: Reduce retail availability of marijuana to underage youth.



County Goals and Objectives: Goal 3

Goal 3: Decrease Methamphetamine Use Among Youth and Adults

Objective 3.1: Increase community awareness of the harms of methamphetamine.



County Goals and Objectives: Goal 4

Goal 4: Decrease Prescription Drug Misuse or Abuse Among Youth and Adults

Objective 4.1: Decrease in prescribing of opioid drugs for adults

Objective 4.2: Reduce youth access of prescription drugs.



Logic Model



Logic Model

- A logic model must be developed in accordance with LA County's Goals and
- **Objectives and used to guide the development of the provider's work plans.**

Logic model should include:

- Problem Statement
- Risk and Protective Factors
- Local Conditions
- Strategies/Activities
- Outcomes

You can select 2 to focus on, but you must address all 4 priority areas! (need one logic model for each priority)



Data Driven Programming

LA County has four (4) priority substances (marijuana, alcohol, methamphetamine, and prescription drugs). Address all priority areas, with a focus on specific substances.

1- Your problem statement should be based on your local data and community conditions.

2- Your programming should be culturally competent, based on your problem statement and your organizational and community capacity.



Logic Model Template













Work Plan Essentials



Work Plan Essentials

Work Plan template, approval form, and tutorial





Work Plan

- Critical element of the executed (signed) Prevention Contracts.
- Guides prevention activities (serve as a road map throughout the year).
- Benchmark tool for auditors and prevention specialists to measure progress and contractual deliverables
- One year timeframe.



Work Plan template, approval form, and tutorial



Goals & Objectives

- Short Term Goals
- Intermediate Term Goals
- Long Term Goals

SMART Objectives:

- Specific
- Measurable
- Attainable,
- Results-focused
- Time-based





WORK PLAN: SMART Goals

- Based on the selected County Goal and accompanying Objective(s), develop SMART Goals for FY 2022-2023.
- Specify target substances selected
- Must address all 4 priority areas with a focus on specific substance(s).
- The SMART Goals should reflect the change you hope to achieve as a result of the activities you conduct.





SMART Goals

Specific

 Clearly define what to accomplish

Measurable

 Goals are identified with targets and milestones

Attainable

 Realistic and Manageable

Relevant

 Goals fit with SAPC's Strategic Prevention Plan

Time-Based

 Specific Time Period in Mind



WORK PLAN: Objectives

- County Objective(s) After selecting the County goals, list all accompanying County Objective(s) associated with the County Goal which you will be working toward achieving.
- These objective(s) will aid in strategically planning your services, as well as entering your Primary Prevention Substance Use Disorder Data Service (PPSDS) data throughout the year.
- A new and unique set of Contractor's Objectives, Activities, Timeline, etc., must be developed to support the identified County Goal.



Work Plan: Activities

- Activities The activities should follow a logical sequence of events, with specific steps that will be taken to accomplish each objective.
- Activities must include evidence-based program(s), and other programmatic interventions that reflect how you will implement substance use primary prevention programs within your designated Service Planning Area (SPA), and selected target population(s).





Work Plan: Activities

The following must be included:

- a. A list of the major activities that need to be completed to achieve the objective.
- b. An indication as to the location or site where activities will occur.
- c. An indication as to the duration and frequency of the activity.
- d. An estimation of the number of people to be served in the various activities.



Work Plan: Timelines

- Create a specific timeline to specify the timeframe in which each activity is planned to be started and ended for each quarter of the fiscal year.
- General fiscal year timeline such as 07/01/2022-06/30/2023 will not be accepted). It must be very specific (quarterly).



This Photo by Unknown Author is licensed under CC BY-SA



Work Plan: Short-term Objectives

Short-term Outcomes are the immediate changes you expect to achieve for individuals, organizations, or communities by year two (2) of contract term.

Your SMART Goals describe the changes you hope will occur as a result of your collective efforts

Need short-term objectives for two (2) years (years 1 and 2 of contract term).

Need SMART objectives!




Work Plan: Long-term Objectives

- Long-term Outcomes are the ultimate effects or changes your program would like to create by year four (4) of the contract term.
- Your SMART Goal describes the change you hope will occur as a result of your collective efforts.
- Describe the change(s) you expect as a result of the processes along the way to achieving your objective.
- Need SMART long-term objectives!





Work Plan : Evaluation

Evaluation: The Evaluation section should include documentation of activities as well as true evaluation measures.

Purpose: To evaluate the effectiveness of process measures, outcome measures, and for auditing verification purposes.

Examples of documentation include:

- Flyers, agendas, photos, meeting minutes, attendance rosters, curriculum materials, etc. (Process Measures)
- Pre-/post-test results, completed assessments, completed focus group outcomes, social media data analytics, etc. (Outcome Measures)



Evaluating to Measure Impact





Measuring Progress: Process Measures

Step 3

What is being done to get the desired outcome?

Step 2

Step 2

Examples:

- Sign-in Sheets
 Completed
- School based trainings completed
- Educational materials
 developed

OUTCOME



Measuring Progress: Outcome Measures

Outcome Measures

How is the program performing?

• What are the results?

Examples:

- Pre-Post Survey Results on changes in knowledge and attitude changes
- Number of online "contacts" or website/app "clicks" (analytics).
- Focus group qualitative measures.
- Child Management Skill Measures (Questionnaire-GGC)





Outcome Measures

Life Skills Assessment - Volunteer									
Date: How old is the youth with whom you work?									
What is the YOUTHY'S evaluation ID number? (If you're not sure, contact your supervisor)									
What is YOUR evaluation ID number? [if you're not sure, contact your supervisor]									
What CASA organization do you work with?									
is this a pre-assessment or a follow up assessment? Pre-Assessment		Follow	-Up Ass	AUGTIAN					
Work and Study Skills					_				
Are the following statements like the youth with whom you work?	2	Mark In	Second Second	In the second	į	Deal Knew			
I am enrolled in school or a GED program.									
I have an adult in my life who cares about how I am doing at school or work.									
I plan to attend college or a vocational school.									
I know where I can get tutoring or other help with school work.									
I have access to transportation to get to work or school.									
I know the steps I need to take to get a driver's license.									
I have a driver's license.									
I know how to find financial aid to help pay for my education or taining.									
I have talked about my education plans with an adult who cares about me.									
I know how to get the documents I need for school or work, such as my Social Security card, birth certificate, and proof of child welfare involvement.									
I know what type [college, trade school] education I need for the work I want to do.									
I know how to develop a resume.									
I have a resume.									
I know at least two people I can use for references for a job.									
I know how to fill out a job application.									
I know how to prepare for a job interview.									
I know what clothes I should wear to an interview.									
I have been involved in volunteer service or an internship.									
I can fill out a W-4 payroll exemption form when I get a job.									
Ufe Skills Assessment - Volunteer Version - 07.08.2018					Pag	s S of B			

• Knowledge and Attitudes pre and post survey (Life Skills)

. My birthday	Month of my birthday	Day of my birthday	Year of my birthday	
My birthday is:		Day of my bindiday	¢	
. Are you:				
A Boy				
A Girl				
. Who do you live with m	ost of the time? (Pick only one.)			
Mother and father				
Mother and stepfather				
Stepmother and father				
Mother only				
Father only				
Other				
. Choose the category the	at best describes you. (Pick only one.)			
Latino/Hispanic				6
Black/African-American	1			E
Asian				N'
Native American/Ameri	can Indian			0)//
White/Non-Latino				C
Other			1	COME ST SS
				. 81

http://nc.casaforchildren.org/files/public/community/programs/grants/Life_Skills_Assessment.pdf



Work Plan

Drop Down Menu (Excel file, Macro enabled)

Multi-select is enabled via a macro, so a macro-free excel file will not allow you to select multiple options from a drop-down list.

PREVENTION WORK PLAN FY 2022-2023									
Substance Abuse Prevention and Control - Alcohol and Other Drug Prevention Services									
Contractor Name:	Asian American Drug Abu	ise Programs, Inc. (AADAP)	Contract Type (CCP, PEP, Other):	Prevention Education Program (PEP)					
Contract Number:	PH-004367		If other contract type, please specify:						
Provider ID:	er ID: 000001 Please select from the drop-		Evidence Based Program/s Used:	Building Skills					
Service Planning Area Served:	down list.		Supervisorial District/s Served:	3rd District, 4th District					
Cities and Unincorporated Areas* Served:	Angeles National Forest*,	Artesia, Altadena*							
If City of LA, list the communities served:	t the communities Cadillac-Corning, Angeles National Forest								
Zip Codes Served:	90032, 90036	90032, 90036							
Contractor Corporate Address:	123 E Main St., Suite 100 Anytown CA 90000		Phone:	999-999-9999					
Contractor Corporate Address.			Website:	www.abc1.org					
Primary Facilty Site Address:	123 E Main St., Suite 100 Anvtown, CA 90000		Phone:	999-999-9999					
Triniary Facility Site Address.			Website:	www.abc2.org					
Position	N	lame	Phone	Email					
Executive Director:	John/Jane Doe		213-555-1212	janedoe@preventionusa.com					
Prevention Program Director:	John/Jane Doe		213-555-1212	janedoe@preventionusa.com					
Prevention Program Coordinator:	John/Jane Doe		213-555-1212	j.doe@preventionusa.com					
Alternate Contact 1 (or the person required on all communications):	John/Jane Doe		213-555-1213	j.doe@preventionusa.com					
Alternate Contact 2 (or the person required on all communications):	John/Jane Doe		213-555-1213	j.doe@preventionusa.com					

Work Plan template, approval form, and tutorial



Work Plan

Social Media Site or Other Online Platform							
Platform	Name/Handle	URL					
Facebook							
Instagram							
Podcast							
Snapchat							
Twitter							
TikTok							
YouTube							
Other:							
Other:							
Other:							

	Project Name			Long-term	Start		Evaluation	
Priority Substance	(EBP/Local Innovative)	Activities Short-term Outcomes	Outcomes	Date	End Date	Process Measures	Outcome Measures	
Alcohol, Marijuana, Methamphetamine, Prescription Drugs	PA	Start the PA curriculum at school A	5	by June 2025, here will be a 3% reduction in alcohol use among the participating youth	2/1/2023	6/30/2023	Sign in sheets	Pre/post surveys
Prescription Drugs, Marijuana	LST	Start LST curriculum at school B		by June 2025, here will be a 3% reduction in alcohol use among the participating youth	2/1/2023	6/30/2023	Sign in sheets	Pre/post surveys
Alcohol, Marijuana	GGC	Start the GGC curriculum at school C	5	by June 2025, here will be a 10% reduction in alcohol use among the participating youth	2/1/2023	6/30/2023	Sign in sheets	Pre/post surveys

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Completing Your New Work Plan: Step 1

Include the Following:

- Contractor Name*
- Contract Type*
- Contract Number*
- Provider ID provided by the State for PPSDS data entry.
- **SPA/City/Community Served*** (Please include city name in PPSDS)
- Contractor Address, Phone Number, website, etc.

Enter the Executive Director, Prevention Director, and Prevention Program Coordinator (with their phone numbers and e-mail addresses).



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FY 2022-2023 Work Plan Instructions

Upon opening the workbook, please ensure to enable macros by clicking on 'Enable Content' when you see the following message.

SECURITY WARNING Macros have been disabled.

bled. Enable Content

_	Data Entry Fields	Instructions/Information					
	Contractor Name:	Single-select drop-down list.					
		Name of your agency/organization.					
	Contract Number:	Single-select drop-down list.					
	Provider ID:	Your 6-digit ID number used for logging into PPSDS.					
Service Planning Area Served: Single-select drop-down list.							
	Contract Type (CCP, PEP, Other):	Single-select drop-down list.					
	If other contract type, please	If you selected 'Other' in the field above for Contract Type, then specify your special project or					
	specify:	program here.					
		Multi-select drop-down list.					
	Evidence Based Program/s Used:	Note, this list includes EBPs that are recommended by SAPC on the Prevention Program Manual. If					
Z		you use an EBP that is not on this list, you may manually type them in the field instead of selecting					
ATI		from the drop-down list.					
Ž	Supervisorial District/s Served:	Multi-select drop-down list.					
1 <u><u></u><u></u><u></u></u>	Cities and Unincorporated Areas*	Multi-select drop-down list.					
∠	Served:	Selections with an asterisk (*) are Unincorporated Areas.					
RAI	If City of LA, list the communities	Multi-select drop-down list.					
GENERAL INFORMATION	served:	If you selected Los Angeles in the field above, indicate the communities within Los Angeles that you					
0		serve. Work Plan template, approval form, and tutorial					
	Zip Codes Served:	Multi-select drop-down list.					



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FY 2022-2023 Work Plan Instructions, cont. Work Plan template, approval form, and tutorial

	P						
	Contractor Address:	Your main address.					
	Phone:	General phone number for your main address. Enter 10-digits only. Do not include symbols like					
		dashes, periods, or parentheses (e.g., ()).					
	Website:	Main website.					
	Address for Additional Location:	Additional/secondary address.					
	Dharaa	General phone number for your secondary address. Enter 10-digits only. Do not include symbols like					
	Phone:	dashes, periods, or parentheses (e.g., ()).					
		Website for additional location. If it's the same as your main website, enter the main website in this					
	Website:	field.					
	Executive Director:	Provide the Name (first and last), Phone, and Email. Enter only 10-digits for phone number.					
	Prevention Program Director:	Provide the Name (first and last), Phone, and Email. Enter only 10-digits for phone number.					
2	Prevention Program Coordinator:	Provide the Name (first and last), Phone, and Email. Enter only 10-digits for phone number.					
CONTACTS	Alternate Contact 1 (or the	If you have additional Prevention Program Coordinators, you may add their contact here. Provide					
Z	person required on all	the Name (first and last), Phone, and Email. Enter only 10-digits for phone number.					
U U	communications):						
	Alternate Contact 2 (or the	If you have additional Prevention Program Coordinators, you may add their contact here. Provide					
	person required on all	the Name (first and last), Phone, and Email. Enter only 10-digits for phone number.					
	communications):						
₹	Platform:	Popular platforms have been provided. If you use other platforms that are not listed, type the					
MEDIA		platform(s) in the field next to where it says 'Other:'.					
	Name/Handle:	Provide the Name or Handle of the corresponding platform. E.g, @YourTwitterHandle,					
DCIAL		<pre>@YourFacebookPage, @Your_Instagram, +Your_Google_Name, YourUsername, etc.</pre>					
S	URL:	If applicable, provide the URL of your social media site.					



FY 2022-2023 Work Plan Instructions, cont.

		Multi-select drop-down list.				
PROJECTS	Priority Substance:	Select one or more of the 4 priority substances (alcohol, marijuana, methamphetamine, prescription drugs).				
	Project Name (EBP/Local	You may use, but are not limited to, the reccommended EBPs listed in SAPC Prevention Program				
	Innovative):	Manual.				
	Activities:	Provide a brief description of activities.				
	Shart tarm Outcomaci	Immediate implementation: measures process change up to 1 year.				
	Short-term Outcomes:	You may refer to the SAPC Prevention Program Manual or you may develop your own outcomes.				
	Long to was Outoo wasa	Match the objective to be accomplished within 3-5 years.				
ß	Long-term Outcomes:	You may refer to the SAPC Prevention Program Manual or you may develop your own outcomes.				
P	Start Date:	Enter EXACT project <u>start</u> date in the format, mm/dd/yyyy (may/may not necessarily coincide with the start of FY).				
		Enter EXACT project end date in the format, mm/dd/yyyy (may/may not necessarily coincide with				
	End Date:	the end of FY).				
	Evaluation:	Method(s) you will use to evaluate your project.				
	Process Measures:	E.g., sign-in sheets, log of all local outlets contacted, number of educational materials provided, etc.				
	Outcome Measures:	E.g., pre/post surveys, ABC violations in service area, etc.				

Work Plan template, approval form, and tutorial



FY 2022-2023 Work Plan Instructions, cont.

Drop-Down List Instructions:

Fields with <u>single-select</u> dropdown lists:

-To open the drop-down list, click on the field/cell, then click on the drop-down arrow located on the bottom right corner of the field.

Contractor Name

Contract Number

Service Planning Area Served

Contract Type (CCP, PEP,

Other)

Fields with <u>multi-select</u> drop-

down lists:

-Select from the drop-down list and repeat to make additional selections.

-Additional selections will automatically be added to the field and separated with a comma.

-To remove a selection, select the same option again from the drop-down list.

-To remove all selections in a field, click on the field/cell and press the 'delete' key.

Evidence Based Program/s

Used

Supervisorial District/s

Served

Cities and Unincorporated Areas* Served

If City of LA, list the communities served

Zip Codes Served

Priority Substance

Work Plan template, approval form, and tutorial



Completing Your New Work Plan : Step 2

STEP 2: Review Your FY 2022-23 Work Plan

- SMART
- Start/End Dates are very specific
- Review your evaluation measures

Priority Substance	Project Name		Short-term	Long-term	Start	End Date	Evaluation	
	(EBP/Local	(EBP/LocalActivitiesInnovative)	Outcomes	Outcomes	Date		Process	Outcome
	Innovative)						Measures	Measures





Completing Your Work Plan : Step 3

STEP 3: Evidence Based Practices (EBPs)

- All EBPs must be implemented with fidelity.
- For Innovative practices: Please submit a **literature review**, or other evidence suggesting that it is a promising practice.





Completing Your Work Plan: : Step 4

STEP 4: Sign and Submit

 Sign the "Work Plan Submission and Verification Form"; signed form and the completed "Prevention Services Work Plan FY 2022-23 via email to your Prevention Program Specialist.







Program Requirements: Flow & Integration

FY BUDGET Estimates Match **WORK PLAN Activities** Direct **PPSDS** Monthly Reports Correspond to **BILLING Monthly Invoices**



Important Dates to Consider:





Prevention Contract Requirements 2020-25 Fiscal Years Prevention Education Program (PEP)



Prevention Education Program (PEP)

PEP Contract Requirements:

- Engage a diverse group of community members
- Provide prevention education/outreach efforts to stakeholders (MOU required at all service locations)
- Build awareness of identified substance use issues within their local community
- Engage local community members and agencies to address the County's identified goals and objectives



PEP Contract Deliverables



PEP contractors will be required to deliver the following:

- a. Deliver at least four (4) educational outreach events during each fiscal year. (Promote awareness of local SU related issues)
- b. Utilize at minimum one (1) <u>County</u> <u>mandated evidence-based program</u> (EBP) during each fiscal year, along with additional recommended EBPs as listed in the SAPC Prevention Provider Manual. 56



PEP Requirements: SAPC Mandated EBP

- LAC requires that all PEP providers implement Botvin's Lifeskills Training (LST) (instead or in addition to any other EBPs & Innovative Programs they may be offering)
- LST is a flexible, interactive, and widely multi-component program that has been demonstrated to be effective with a wide range of populations.
- Numerous studies, extensive evaluation demonstrating effectiveness at reducing tobacco, alcohol, opioid, and illicit drug use by as much as 80%.



Available in Spanish https://www.lifeskillstraining.com/



Prevention Services and Requirements



https://www.lifeskillstraining.com/

Originally designed for middle school/Junior High School students

Adapted for special populations (Latino, AA, white)

3 major components covering critical domains

- Drug Resilience Skills
- Personal Self-Management Skills
- . General Social Skills



LST Evaluation Results



Multiple Scientific Studies Demonstrated that: When LifeSkills is delivered to middle/junior high students over a three-year period:

- 15 sessions in Year 1
- 10 sessions in Year 2
- **5 sessions in Year 3**

it produces the following results:

- Cuts tobacco, alcohol and marijuana use 50%–75%
- Cuts polydrug use up to 66%
- Decreases use of inhalants, narcotics and hallucinogens

https://www.lifeskillstraining.com/?s=evaluation



Examples of Evidence Based Registries

SAMSHA's Evidence Based Resource Center

https://www.samhsa.gov/ebp-resource-center

Communities That Care Prevention Strategies Guide

https://www.communitiesthatcare.net/

Blueprints for Healthy Development

Institute of Behavioral Science at the University of Colorado Boulder https://www.blueprintsprograms.org/

College Alcohol Intervention Matrix (CollegeAIM) National Institutes on Alcohol Abuse & Alcoholism

https://www.collegedrinkingprevention.gov/CollegeAIM/

• Video tour: <u>https://www.youtube.com/watch?v=bqWnkYW67po</u>









Examples of Evidence Based Registries

OJJDP's Model Program Guide

Office of Juvenile Justice and Delinquency Prevention

WYSAC Environmental Strategies Tool

Wyoming Survey and Analysis Center, University of
Wyoming https://www.wyomingpreventiondepot.org/strategies/





Promising practices where the program or curricula is not a recognized best practice/model program (as described in one and two above), substantiated results of an evaluation conducted by an evaluator independent of the proposer that documents the ability of the program/curricula to achieve the intended outcomes.



PEP Contract Deliverables, Cont.

- c. Provide consistent direct substance use education services to at least one (1) school, community college, university, educational setting, and/or community center during each fiscal year (MOU is Required).
- d. Participate consistently in the SPA-based Coalition and other existing coalition-related programs and events, which are led and facilitated by the Community Collaboration Program (CCP) contractor within your designated SPA.



All 4 County Goals must be addressed but can focus on 2 priority substances, based on your local data trends.



e. Participate in monthly SAPC-led Prevention Advisory Committee meetings:

- Guide countywide prevention efforts
- Propose innovative ways to implement new and improved programming that connect youth, young adults, and communities to LAC substance use prevention services.
- **f. Support County environmental prevention activities** such as coalitions, public health awareness campaigns and social media and marketing efforts.
- **g.** Address the social determinants of health (diverse societal factors that influence health including risk and protective factors), to fully address the community and systems-level factors that directly and indirectly impact substance use and misuse within communities.



Prevention Contract Requirements 2020-25 Fiscal Years Community Collaboration Program (CCP)



Community Collaboration Program (CCP) contractors are required to:

- Engage a diverse group of community members from the public and private sectors in their targeted area(s)
- Lead and facilitate collaborative and community capacity-building efforts with all SAPC funded prevention providers



Photo courtesy of SFVP

Through this process, contractor will address **policy and community advocacy needs** and guide **population-level change** while also addressing County's identified goals and objectives. *All 4 County Goals must be addressed; must address 2 innovative programs (Make a Difference; Responsible Alcohol Delivery Project) as mandated by SAPC*.



(MOU required for all service locations)

The CCP contractors will be required to deliver the following:

a. Deliver at least (1) annual SPA-Summit/ Conference or Townhall Meeting during each fiscal year. (Large Scale, addresses Substance Use Prevention Policy Issues)

b. Develop, coordinate, and maintain one **(1) SPA-based Coalition** comprised of local community residents (youth, young adults, and adults), leaders, non-substance use focused businesses, substance use prevention providers (including SAPC Prevention Education Program (PEP) contractors in the specified SPA), and others from the target city(ies)/community(ies).



c. Facilitate consistent participation of all SPA-based SAPC providers through the Coalition.

- Requires collaboration among CCP and PEP contractors
- Inform and engage (community members and agencies)
- Address County Goals and objectives

d. Provide **consistent technical assistance and/or in-service trainings** to the PEP providers within your SPA.



Utilizing the SPA-based Coalition and other forums to supplement County efforts with additional technical assistance and support on:

- Community engagement
- Partnership development
- General provision of environmental SUP community resources.

e. Recruit youth, parents and other SPA-based coalition partners that include a minimum of twelve (12) community sectors, as recommended by the Community Anti-Drug Coalitions of America (<u>CADCA</u>)



Twelve (12) community sectors as recommended by <u>CADCA</u>:

- 1) Businesses
- 2) Civic/Volunteer Groups
- 3) Elementary and Secondary Education
- 4) Government
- 5) Healthcare Professionals
- 6) Law Enforcement
- 7) Media
- 8) Parents
- 9) Religious and Fraternal Organizations

10) Youth

- **11) Youth-Serving Organizations**
- 12) Others involved in prevention,

treatment, or recovery

CCP contractor is required to recruit and retain at least two (2) youth and/or young adults throughout the contract term to **sustain youth partnership efforts** needed to collaborate successfully across all sectors of a community.



Source: https://www.cadca.org/12sectors



f. Coalition members are required to meet at a minimum of once per month, the outcome(s) of which should be reflected on meeting agenda, minutes, and sign-in sheets.

The process shall be inclusive, innovative, and holistic in approach. The coalition shall have an established mission/vision, objectives, structure, and membership roles/responsibilities.

g. Participate monthly in a SAPC-led Prevention Advisory Committee to guide Countywide prevention efforts and propose innovative ways to implement new and improved programming that connect youth, young adults, and communities to LAC substance use prevention services.



CCP Collaborations:

Utilizing the SPA-based Coalition and other forums to supplement County efforts work together to enhance:

- Community engagement
- Partnership development
- Recruit youth, parents and other SPAbased coalition partners that include a minimum of twelve (12) community sectors, as recommended by the Community Anti-Drug Coalitions of America (CADCA)

Drug Free Communities Support Program's 12 required sectors

DFC coalitions must include a minimum of one member/representative from each of these 12 community sectors:

- Youth (persons <= 18 years of age)
- Parents
- · Business community
- Media
- Schools
- Youth-serving organizations
- Law enforcement agencies
- Religious or fraternal organizations
- Civic and volunteer groups
- Healthcare professionals
- State, local or tribal agencies with expertise in the field of substance abuse
- Other organizations involved in reducing substance abuse


Coalitions

Coalitions engage community members and key stakeholders

Coalitions are partnerships of the many sectors of a community who work collaboratively to solve the community's problems and guide its future direction.

- I.D. local substance use issues
- I.D. factors contributing to substance use
- Guide prevention activities and services

SPA coalitions are led by CCP agencies while other community coalitions are led by our local prevention providers and community partners.



http://publichealth.lacounty.gov/sapc/prevention/PP/SAPCPreventionYearEndProgressReportFY19-20.pdf https://www.cadca.org/sites/default/files/files/coalitionhandbook102013.pdf



SPA Based Coalitions

The SPA based Coalitions consist of:

- Local community residents (youth and adults) and leaders
- Non-substance use focused businesses
- Substance use prevention
 providers
- Others from the target city(ies)/community(ies)





SPA Based Coalitions

Collaboration among PEP and CCP contractors requires providers to:

 Effectively inform and engage local community members and agencies in order to address the County's identified goals and objectives.

As a coalition member, PEP contractor shall meet at minimum quarterly, the outcome of which should be reflected on meeting agenda, minutes, and sign-in sheets.





Existing SPA Coalitions

SPA 1: Antelope Valley Marijuana, Alcohol, and Pharmaceutical Prevention Coalition (AVMAPP)

SPA 2: Communities in Action

SPA 3: Rethinking Alcohol and Other Drugs (RAD)

SPA 4: Coalition to Prevent Alcohol-Related Harms in LA Metro (COPALM)

SPA 5: Westside Impact Project

SPA 6: SPA 6 Prevention Coalition (SLAM)

SPA 7: South-East Community Alliance (SECA)

SPA 8: South Bay Communities Creating Change (SBC 3)

















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https://www.cadca.org/sites/default/files/files/coalitionhandbook102013.pdf



Countywide Coalitions: SAFE MED LA



Community Education & Action Team (CEAT)

Coordinated and multipronged approach to address the prescription drug abuse epidemic in LAC



https://lacountyram.org/



Countywide Coalitions: RAM



Rethinking Access to Marijuana (RAM)

RAM utilizes a prevention-oriented public health approach

- Educating policymakers and communities
- Ways to protect youth from marijuana related harms



Countywide Coalitions: L.A. DAPA

Los Angeles Drug and Alcohol Policy Alliance

Advocating for safe and healthy communities by reducing drug and alcohol related harm through public awareness and policy change.





Prevention Advisory Committee

- SPA-based CCP providers and special program representatives meet with SAPC's Prevention team monthly to ensure the development of county-wide EBP initiatives that aim to address emerging community AOD issues impacting the community.
- Increase coordination on planning and implementing substance-related Public Health events
- Providing support and training on pertinent topics of interest.
- To ensure greatest collective impact on all SUD prevention efforts conducted by the network.



Required Reports



Required Reports for All Contracts

The following reports are required annually and must comply with all requirements outlined in the instructions/templates:

1) Agency-led community assessment reports *

- 2) Annual Work Plan(s)
- 3) Work Plan Amendments
- 4) Year-End Report *
- 5) Annual Evaluation Report

6) Quarterly Coalition Progress Report *

* Template available



Agency Led Assessment

All providers are required to conduct a community needs assessment in the first Quarter of the fiscal year.

Purpose:

- To collect and analyze data to identify community risk factors for all priority substance use problems
- To establish a baseline to benchmark agency outcome measures within the Logic Model and Work Plan(s).

Providers must use the results from the 2022 CNA Study to submit an updated logic model and work plan for FY 23-24.



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Year-End Report

All providers are required to submit a summary of their annual progress report, which may include their major accomplishments, and any challenges they faced.





Quarterly Coalition Progress Report

Quarterly Coalition Progress Report is based on the Prevention Advisory Committee goals and objectives for the current fiscal year.





Annual Evaluation Report

The agency evaluator to Conduct a process and outcome evaluation to:

- Determine whether the contractor's services, objectives, and outcomes outlined in the County approved Work Plan were achieved.
- How fidelity to the evidence-based model(s) or practice(s) is maintained and measured, and the qualifications of the evaluators

Failure to participate in the evaluation activities may lead to contract termination by the County.





Policies and Procedures



Policy and Procedures

Location & Staff Changes

Need to submit a Contract Change Approval if changing: LOCATION, HOURS, STAFFING, and/or SERVICE POPULATION.

Prevention contracted providers must report staffing changes in writing to their assigned prevention specialist within 10 calendar days and submit the **SAPC Contract Amendment Request Form** to ensure accurate reimbursement of contracted services.. For additional information, please refer to:

- SAPC Strategic Prevention Plan
- SAPC Prevention Provider Manual

All vacancies must be filled within ninety (90) calendar days after the vacancy occurs.



Prevention Staffing Requirements

Need at least one (1) 100% fulltime Prevention Coordinator per contract (to ensure contractual compliance at all times).

All positions outlined in the Budget must be filled at the approved designated level

Providers are expected to ensure pay equity and a just and professional work culture.



For additional information, please refer to:

- SAPC Strategic Prevention Plan
- SAPC Prevention Provider Manual



Policy and Procedures

Materials Review Policy

To ensure printed or digital materials from SAPC Community and Youth Engagement partners are accessible, consistent, easy to understand, and promote the mission to prevent alcohol related problems.

- Press releases
- Brochures
- Social Media postings
- Survey tools
- *PowerPoint presentations*

Contact your SAPC Program Specialist for clarification (for copy writes, logos, and trademarks, please see the <u>Prevention Manual</u>)

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Contact Name					E-mail	
Submission Date				Requested Dist	ribution Date	
Type of Material:						
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Newspaper Article	1			PSA or Video Clip		Posters
Policy/Ordinance				Social Media Posting		Survey Tool*
Other	[insert descri		_			
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Signature Research (if related to research evaluation)					Date	
Signature Prevention	n Staff				Date	



Prevention Contracts Covered Items



What is Covered under SAPT Funding

- Lobbying activities are NOT allowed under SABG funds!
- Purchasing SWAG (Stuff We All Get) with Substance Abuse Prevention and Treatment Block Grant (SAPT BG):

• The purchase of SWAG (giveaways) to promote the agency is NOT allowed.

- Program Identifiers
 — The purchase of program identifiers that provide public education and awareness of program efforts and goals are allowed.
 - Examples include t-shirts given to program participants to provide identity with County Alcohol and Drug Program or the program they are engaged in (e.g., FNL, Parents Committed, etc.).
 Agency Name and Logo are not allowed!



What is Covered under SAPT Funding, cont.

- > Gift cards are **not considered cash payments** and remain allowable.
- > Non-cash incentives shall not exceed \$30 per participant, per FY year.
- *Gift Card incentives shall not exceed \$10 per participant, per FY year to allow for additional non-cash expenditure.
- > Costs of all entertainment related activities are **NOT allowed**.

Entertainment includes, but not limited to, associated costs for amusement, diversion, social activities, and other activities dependent on SAPC approval.

> Costs of all Fundraising activities are **NOT allowed** under Federal SAPG funds.



Non-Cash Incentives, Examples

Non-cash incentives are allowed under SABG funds to encourage program retention, and attainment of SUD prevention program goals!

Examples of non-cash incentives (\$30 Max per person/FY):

 o Gift cards (\$10 Max per person/FY)
 o Bus passes
 o Meals/Food/snacks*
 o Educational outreach items containing program identifiers



- * Meals will be allowed in the following situations and are subject to the same limit of \$30 Max per person/FY (best to use other funding sources for food/meals/snacks):
 - Off-site meetings/conferences/trainings, primarily set up to disseminate technical information (regular staff meeting is excluded)
 - Nutritional snacks for youth engaged in before- and after-school programs.



Prevention Data Reporting



Data Management and Reporting

Data management plan:

- How data will be collected (throughout contract term)
- What data elements would be collected
- How this data would be stored, secured/maintained

Data variables collected may include:

Gender, Race/ethnicity, Age, Knowledge level, Evidence of learning or level of satisfaction (on a scale) Data management can be through Microsoft Excel, (or other software), Once the data has been collected. Hard copies must be maintained in a locked cabinet, and electronic data must be password protected.



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California Prevention Data Entry System

To document substance use prevention services provided, CA Dept. of Health Care Services (DHCS) requires:

- Weekly data entry into the California Primary Prevention Substance Use Disorder Data Service (PPSDS) System
- Comply with monthly reporting timelines (due on the 10th of each month)



Please Note:

PPSDS data entry requirements are NOT the same as Finance billing requirements.

Example:

2 staff working 1 hour preparing educational materials counts as 1 hour in PPSDS but 2 hours on page 3 of monthly SAPC invoices.



Prevention Program Reporting



Primary Prevention SUD Data Service (PPSDS) Data Entry User Guide DHCS PPSDS Version:18.38.0 California Department of Health Care Services Primary Prevention SUD Data Service WARNING: Access to this system is restricted to authorized users only. Violators subject to imprisonment and/or fine. Continuing beyond this point certifies your understanding and compliance with all applicable restrictions and regulations. OK Powered by Health Outcomes and Data Analytics (HODA) Dr. Tina Kim: <u>TKim@ph.lacounty.gov</u>

Dr. Rafael Vasquez: <u>RVasquez@ph.lacounty.gov</u>

https://cappsds.witsweb.org

http://ca-cpi.org/wp-content/uploads/2019/12/PPSDS-Data-Entry-User-Guide.pdf



Recommended Trainings



State Mandated Trainings



• Mandated Reporting (mandated by the State of CA;

https://www.mandatedreporterca.com/)

• HIV (mandated by the State of CA)

https://npin.cdc.gov/training/cdc-hiv-training-resources https://www.samhsa.gov/blog/category/hivaids



Prevention Training Resources

Substance Use Prevention Provider Trainings - See Community Prevention Initiatives Online trainings:

http://www.ca-cpi.org/ta-training-services/professionalcompetencies-in-substance-abuse-prevention-onlinetraining-series-courses/

HealtheKnowledge.org

https://healtheknowledge.org/course/index.php?cat egoryid=101





Recommended Prevention Trainings

Community Prevention Institute (CPI)

- Environmental Prevention
- Intro to SUD prevention
- Prevention Theories and frameworks http://www.ca-cpi.org/prevention-101/
- Capacity Building
- Conducting Youth Led focus groups
- Strategies for engaging Youth
- Cultural Competency (1/2 day) http://www.ca-cpi.org/cultural-competence-resources/



Resources

- Prevention Manual
- SAPC Prevention Website
- Prevention Training:
 - Comm. Prev. Initiative (CPI)

http://www.ca-cpi.org/ta-training-services/professionalcompetencies-in-substance-abuse-prevention-online-trainingseries-courses/

- HealtheKnowledge.org/ https://healtheknowledge.org/course/index.php?categoryid=101
- SAMHSA's Pacific Prevention Transfer Center (PPTC)

http://pttcnetwork.org





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Apps 🛧 Bookmarks 🙀 MYLacounty – Los	🕺 v17 - Person Search 🕺 v17 - Disease Incid 🧩 IRIS 🔗 Los Angeles County 🚦 Sign In/Sign Out 💲 DRF	**	E Reading list





Prevention Program: Billing Invoices



New Billing Invoice Tutorial Invoice Template

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CONTACT PERSON:

I. PERSONNEL

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9 h i j 1 m 0 p 15 SUBTOTAL 16 BENEFITS

PERSONNEL

(First and Last Name

17 TOTAL SALARIES & EMPLOYEE BENEFITS

d Mileage, Parking, Conferences, & Travel e Equipment Repairs & Maintenance

i Dues, Memberships, & Licenses

b 19 TOTAL EQUIPMENT LEASES IV. FACILITY RENT/LEASES

20 TOTAL FACILITY RENT/LEASES V. ADMINISTRATIVE OVERHEAD a Administrative Overhead (Indirect Costs)

21 TOTAL ADMINISTRATIVE OVERHEAD SAPC :CRU FORM#3B-2 REV.(6/2022)

18 TOTAL SERVICES AND SUPPLIES III. EQUIPMENT LEASES

II. SERVICES AND SUPPLIES a Professional Services (Evaluator) b Professional Services (Consultant) c Program Supplies

f Utilities g Office Supplies h Events

j Telephone k Other:

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LOS ANGELES COUNTY - DEPARTMENT OF PUBLIC HEALTH SUBSTANCE ABUSE PREVENTION AND CONTROL COST/LINE ITEM REIMBURSEMENT - SUBSTANCE USE PREVENTION SERVICES

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Authorized Signature (Agency)	Date	Signature	Date
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SAPC :CRU FORM#3B-1 REV.(6/2022)

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Prevention Program Billing Invoices

For questions regarding billing, invoice issues, and how to fill out forms 3B-1 & 3B-2 (pages 1-2), please contact:

The Contract Reimbursement Unit (CRU)

Edita Mendoza, Supervisor

Email: <u>EMendoza@ph.lacounty.gov</u>

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Prevention Program Billing Invoices

For questions regarding how to fill out form 3B-3 (page 3), please contact:

Finance Grants Unit

Susana Gutierrez, Grants Supervisor

Email: <u>SGutierrez@ph.lacounty.gov</u>

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Invoice Submission Deadlines

ALL FY 2022-2023 invoices must be submitted by the fiscal year end deadline, Monday, July 10, 2023.

Any other claims received and/or submitted after July 10, 2023, <u>may not be eligible for reimbursement</u>.

Submit invoices to Ming Hu at Minghu@lacounty.gov

Monthly invoices are due by the 10th of the following month.





Invoice to Follow the Approved Annual Budget

Monthly expenditures should follow your approved annual budget summary and narrative.

Budget categories:

- 1. Salaries & Employee Benefits
- 2. Services & Supplies
- 3. Equipment Leases
- 4. Facility Rent/Leases
- 5. Administrative Overhead (Indirect Cost Rate)
 - De Minimis ICR =

10% * Modified Total Direct Costs (MTDC)

(MTDC = Part 1: Salaries & Employee Benefits + Part 2: Other Services & Supplies)

• Other Federally Approved ICR and Approved Base =

Federally Approved ICR % * Federally Approved Base





Direct vs. Indirect Costs

Direct Costs: "Costs that can be identified specifically with a particular final cost objective, such as a federal award, or other internally or externally funded activity, or that can be directly assigned to such activities with a high degree of accuracy."

- Salaries and Employee Benefits
- Services and Supplies

Indirect Costs: "Costs incurred for a common or joint purpose benefitting more than one cost objective, and not readily assignable to the cost objectives specifically benefitted, without effort disproportionate to the results achieved."

- Services and Supplies charges for patient care, tuition remission, scholarships and fellowships, and participant support costs.
- Equipment and/or Other Asset Leases
- Facility Rent/Leases includes facility depreciation costs
- Administrative Overhead (ICR %)



Monitoring Your Expenditures

Aim to spend 80-100% of your total contract amount.

If **underspending** (estimated to spend less than 70% of your total contract), contact your assigned Prevention Program Specialist and/or Contract Program Auditor to discuss challenges.

Ways to increase spending:

- Fill vacancies (all vacancies must be filled within 90 calendar days)
- Consider offering more competitive salaries and benefits to improve employee retention
- Amend your work plan
- Reallocate your budget





Reconciling Staff Hours

Can direct and indirect cost/hours be included when submitting billings?

Direct and indirect cost/hours may be included when completing the invoice (no longer can enter indirect hours in PPSDS).

Will auditors look to reconcile staff hours between PPSDS and monthly billings?

Yes. The State and County Auditors may compare staff hours between PPSDS with corresponding monthly billings.

If the appropriateness of an expense cannot be determined by the County because invoice detail, fiscal records, or backup documentation is nonexistent or inadequate, all questionable costs may be disallowed, and payment may be withheld by the County.



Tracking Staff Hours

Do agencies need to maintain a spreadsheet that tracks staffhours between what is submitted in monthly PPSDS reports and monthly billing invoices?

 It is strongly recommended that each agency/contract maintain a spreadsheet that reconciles monthly staff-hours between PPSDS and billing invoices.

If your agency has the accounting in place to support all costs, an additional spreadsheet may not be necessary.



Prevention Work is Unique!

Please remember that Prevention Work has unique focus, staffing patterns, and tools.

Prevention is population based and is focused on changing environments, social norms, etc.



Clinical and treatment terms such as client, case management, counselors, ASAM criteria are not applicable in Prevention and may trigger disallowances.









