

●●● Overdose Kit Instructions Guide

●●● Introduction to the Overdose Kit

An overdose kit can save a life by providing information and medication that can reverse the effects of an opioid-related overdose and prevent death. Substance Abuse Prevention and Control's overdose kit assists its provider network and CORE Centers to educate patients and the public about the availability of Naloxone and distribute it to patients who may be at risk of an opioid-related overdose.

●●● Overdose Kit Contents:

The Overdose Kit Instructions Guide conveys important information about the purpose of the overdose kit, descriptions of its contents and guidelines to assemble the following content in the kit:

1. Overdose First-Aid Brochure –English
2. Overdose First-Aid Brochure –Spanish
3. Good Samaritan Card –English only
4. Proceed with Caution (Two-Sided Card) - One side in English and one side in Spanish.
5. Naloxone Prescription (Two-Sided Card) - One side is the signed prescription.
The other side is the training information - both in English only
6. Naloxone –Two full doses
7. Fentanyl Test Strip – One test strip

●●● Overdose Kit Content Descriptions:

Written Materials:

- **Overdose First-Aid Brochure**

The brochure provides illustration and information about how to recognize and respond to an opioid overdose and instructions for using Naloxone .

- **Proceed with Caution Card**

The Proceed with Caution card provides cautionary information on the variability of the test strip to detect fentanyl.

- **Naloxone Prescription Card**

One side of this card is the signed Naloxone Prescription which states that the person carrying Naloxone has a right to do so, in the event that law enforcement needs to verify that he or she is permitted to carry it. The other side of the card provides information that needs to be filled in identifying when the person with the kit was informed about how to use Naloxone.



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- **Good Samaritan Card**

The Good Samaritan card summarizes the Good Samaritan Law, which protects people from liability or arrest when they act in good faith and with reasonable care to seek medical help or administer an approved opioid overdose reversal medication.



Medication and Testing Device:

- **Naloxone (medication)**

Naloxone is a medication designed to reverse an opioid overdose. The kit includes two (2) full nasal spray doses.

- **Fentanyl Test Strip**

Fentanyl test strips can help to detect the presence of fentanyl and certain fentanyl-analogs in drugs BEFORE they are ingested.

(www.cdph.ca.gov)

●●● How to Assemble the Overdose Kit:

Step 1. Provide a pouch, bag or carrying case (of choice) to hold overdose contents and materials listed in the content descriptions. Recommended pouch, bag or carrying case size: 7"W x 4"H x 2"D. (See image A)



Step 2. Place the *Proceed with Caution Card*, *Naloxone Prescription Card*, and the *Good Samaritan Card* (in that order) neatly inside the *Overdose First-Aid Brochure* (English version). (See image B)



Step 3. Place the Overdose First-Aid Brochure (Spanish version) behind the English Brochure and tuck them both together into the pouch, bag or carrying case. (See image C)

Step 4. Place one packet of Fentanyl test strip, if available, in front of the two Overdose First-Aid Brochures inside of the pouch, bag or carrying case. (See image C)

Step 5. Place two Naloxone nasal spray packets, side by side, in front of the Fentanyl test strip inside of the pouch, bag or carrying case. **Note:** Make sure to check the expiration date prior to distribution. If the nasal spray packets are expired, replace them with two fresh Naloxone nasal spray packets. (See image C)



Step 6. The Overdose Kit is now complete. Close the pouch, bag or carrying case and it is ready to be distributed.

The Overdose Kit printable materials and the Overdose Kit Instructions Guide can be found online at <http://publichealth.lacounty.gov/sapc/providers/overdose-materials.htm>

Questions or concerns regarding this guide may be directed to: EAPU@ph.lacounty.gov