

# **HOW TO READ A CANNABIS LABEL**

## What's in your product?

Different products have different potencies, meaning they have different amounts of THC, CBD, and other cannabinoids. The amount of these compounds in your product can change how it affects you.



#### **Edibles**

(like chews, lozenges, or baked goods)

Check labels for information on nutritional facts and the amount of cannabinoids. THC Concentration Limits for an edible cannabis product shall not contain more than: (1) 10 milligrams THC per serving and (2) 100 milligrams THC per package.



## Inhalables

(like pre-rolls or flower)

Check labels for the percentage (%) of the product that consists of each cannabinoid. These labels will typically list the cultivar (or strain) of cannabis that is inside.



To learn more about Prevention Services and Cannabis, visit http://publichealth.lacounty.gov/sapc/public/prevention/?tm





## How to Use and Store

#### **Universal Symbol**

The universal symbol for cannabis alerts people that the product contains cannabis. You will see this symbol on all legal (i.e., regulated) adult-use cannabis products.

## **Quality Assurance Information**

Lab testing ensures cannabis products are safe to consume and accurately labeled for potency. Lab results are reported on a Certificate of Analysis (COA). Use the QR code on the label to view the product's COA.

Cannabis can change when it is exposed to air or other contaminants, so your COA will not be accurate forever. To see if your COA is still accurate, look at the "Expiration Date" if you haven't opened the product, or look at the "Use By Date" if it has already been opened.

Your product will tell you how to use it and how to store it. Keep your product in the original child-resistant packaging. Store all products—especially edibles—away, out of sight, and out of reach from young people and pets!

## Warning!

Labels include warnings to avoid accidental consumption and information to help people consume responsibly.



If you or a loved one feels sick after consuming a product, contact the Poison Control Center at 1-800-222-1222.



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