



**SUBSTANCE ABUSE PREVENTION AND CONTROL  
PROGRESS NOTE (BIRP FORMAT)**

**PROGRESS NOTE TYPE**

1. Date: \_\_\_\_\_ 2. Start time: \_\_\_\_\_ End time: \_\_\_\_\_  
 3. Please select the note type:  Individual  Group – answer fields 3a and 3b: 3a. \_\_\_\_ Number of Counselors  
 3b. \_\_\_\_ Number of Patients

**PATIENT INFORMATION**

4. Name (Last, First, and Middle):	5. Date of Birth (mm/dd/yyyy):	6. Medi-Cal or MHLA Number:
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7. Address:

8. Gender:	9. Preferred Language:	10. Race/Ethnicity:	11. Phone Number:  Okay to Leave a Message? <input type="checkbox"/> Yes <input type="checkbox"/> No
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**PROVIDER AGENCY**

12. Name:	13. Contact Person:	14. Phone Number:
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15. Address:	16. Fax:	17. Email:
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**BIRP FORMAT**

**18. B - Behavior**  
 Patient statements that capture the theme of the session and provider observations of the patient. Brief statements as quoted by the patient may be used, as well as paraphrased summaries that closely adhere to patient statements. Provider observations may include the physical appearance of the patient, vital signs, results of completed lab/diagnostics tests, and medications the patient is currently taking or being prescribed.

**I – Intervention**  
 Provider methods used to address the patient statements, the provider observations, and the treatment goals and objectives.



## **PROGRESS NOTE INSTRUCTIONS**

### **PROGRESS NOTE TYPE**

1. Please enter the date
2. Please enter the start and end time
3. Please select the type of progress note. If a group note is selected, the number of counselors present in the group and the number of patients in the group are required.

### **PATIENT INFORMATION**

4. Enter the patient's name in the order of last name, first name, and middle name.
5. Enter the patient's date of birth.
6. Enter the patient's Medi-Cal or My Health LA (MHLA) number. If the number is not known, leave the space blank.
7. Enter the patient address.
8. Enter the patient gender
9. Enter the patient preferred language
10. Enter the patient race/ethnicity
11. Enter the patient phone number. Check box to indicate if it is okay to leave a message at this phone number.

### **PROVIDER AGENCY**

12. Enter the agency name
13. Enter the contact person
14. Enter the phone number
15. Enter the address
16. Enter the fax
17. Enter the email

### **NOTE-BIRP FORMAT**

18. Enter the progress note information for the individual in the BIRP format
19. Enter any linguistically appropriate services if the patient preferred language is not English
20. Enter the provider name
21. Enter the provider signature
22. Enter the date
23. Enter the additional provider name such as a supervisor, or a second provider present during the encounter.
24. Enter the provider signature
25. Enter the date

### **EXTERNAL SAPC REVIEW**

This section will include communication between SAPC and the agency/provider

### **INTERNAL SAPC USE ONLY**

This section is reserved for internal SAPC use only.

### **SUBMIT THIS FORM TO:**

Fax: (323)-725-2045  
Phone: (626)-299-4193

*FOR ADDITIONAL SAPC DOCUMENTATION PLEASE SEE*  
<http://publichealth.lacounty.gov/sapc/NetworkProviders.htm>