SAPC Data Brief Impact of Marijuana Use





Rates of marijuana use among youth, young adults, and adults in Los Angeles County (LAC) were higher than in the US and lower than in California.

Marijuana-related calls to the California Poison

Control System (CPCS)*, CA, 2016-20224

Intentional

2,500

2.000

1 500

1,000

500

0

Unintentional

Number of marijuana-related calls to CSPC

Prevalence Rate

Marijuana use in the past month, by gender, 9th-12th graders, LAC, 2009-20212



Rates of marijuana use among high school students in LAC increased and became similar between males and females in recent years.

Poison Control Calls

Marijuana-related calls to CPCS. by age, CA, 2016-20224



Marijuana-related calls to CPCS increased for all age groups, but particularly for children (<6 years) and adolescents (7-19 years).

Marijuana use in the past year, by age, LAC, 2005-2023³



Marijuana use increased from 2018-2023 for all age groups, except among underage adults (18-20 years) and was highest among adults aged 21-34 years.

> Marijuana-related calls to CPCS, by exposure type, CA, 2022⁴



The majority of marijuana-related calls to CPCS were for exposure through marijuana edibles, followed by exposure through dried plants.

*Updated LAC-specific Poison Control data not available. **Other/Unknown exposure includes marijuana oral capsule or pill, topical, dried plant, or other marijuana preparation

120

100

80

60

40

20

0

2011

Healthcare Utilization

Marijuana ED visit^b rates, by

Marijuana ED visit rates^b, by gender and race/ethnicity^c, LAC, 2011-2021⁵



the highest marijuana ED visit rates per 100,000 population over the past decade.

and hospitalizations^a, LAC, 2011-2021⁵ 4,500 20%

2016 2017 2018 2019 2020 2021 2022

Marijuana-related calls to CPCS increased from

2016-2022, with over half of calls due to

unintentional exposure of marijuana in 2022.



gender and age, LAC, 2011-2021⁵





2015

Males and females aged 18-20 and 21-25

years had the highest marijuana ED visit

rates per 100,000 population.

2017

2019

2021

For more information on substance use disorders in LAC, visit http://ph.lacounty.gov/sapc. For more data on marijuana in LAC, visit data story. For more information regarding this data brief, please contact Tina Kim, PhD at tkim@ph.lacounty.gov

2013

Marijuana emergency department (ED) visits

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Primary drug problem at treatment





Treatment Primary marijuana admissions

by age and gender, LAC, FY2223⁶



Males and age <18 years were the most common gender and age groups among marijuana treatment admissions.

References and Notes

4. California Department of Public Health, Substance and Addiction Prevention Branch. <u>Cannabis Poison Control System Calls Dashboard</u> 2023.

• From 2016 to 2022, a total of 11,241 calls for marijuana exposure were received by the California Poison Control System (CPCS) 24/7 hotline for expert poisoning treatment advice and referral.

• Calls for marijuana exposure to CPCS greatly increased after 2016, when recreational marijuana use was legalized, by 155% from 850 calls in 2016 to 2,169 calls in 2022.

 In 2016, most calls were for intentional exposure to marijuana. However, calls related to unintentional exposure of marijuana gradually increased and surpassed the number of calls for intentional exposures in 2019. By 2022, over half (59%) of marijuana-related calls were for unintentional exposure.

• Marijuana-related exposure calls to CPCS in 2016-2022 were more frequently made for males (52%) than females (47%).

 From 2016-2022, marijuana-related calls to CPCS sharply increased for children (aged <6 years) by 445%, and for adolescents (aged 6-19 years) by 151%. In 2022, marijuana-related calls were highest for children compared to all other age groups.

 Over half (54%) of calls in 2022 were for exposure to marijuana edibles, and 26% of calls for exposure to dried plants.

• About 99% of calls in 2016-2022 for young children under 6 years were reported as unintentional exposures to marijuana with the most common type of exposure being marijuana edibles.

 Legalization of marijuana retail sales in 2018 may have increased the potential for exposure to marijuana among younger individuals, who are likely to mistake marijuana edibles for normal candy and consume an entire package.

5. Department of Health Care Access and Information (previously OSHPD). Emergency Department and Inpatient Discharge Data Set. California Department of Public Health.

• In LAC, ED visits due to marijuana (records that listed marijuana poisoning, dependence, abuse, or

Primary marijuana admission rate by age and race/ethnicity, LAC, FY2223⁶



use as the primary diagnosis) increased by 247% from 2011 to 2019 then decreased by 20% in 2021. • Hospitalizations due to marijuana increased by 879% from 2011 to 2019 then decreased 32% in 2021.

• Rates per 100,000 population of marijuana ED visits were highest among underage adult males aged 18-20 years from 2011 to 2021. By 2018, rates for young adults aged 21-25 years had consistently increased and became similar to that of underage adult males aged 18-20 years.

• While males had higher rates of marijuana ED visits than females, the rates increased more rapidly among females than males for all age groups.

• From 2011-2021, Black males and females had the highest rates of marijuana ED visits compared to other gender and racial/ethnic groups. Marijuana ED visit rates for Black males and females were over double those for Latinx, and over triple those for Whites.

 Increases in marijuana-related ED visits and hospitalizations observed in 2015 may be due in part to the change in the diagnosis coding system used by HCAI (transition from ICD9 to ICD10 starting from the fourth quarter of 2015).

6. Los Angeles County Participant Reporting System (LACPRS) and Sage data. Substance Abuse Prevention and Control, Los Angeles County Department of Public Health.

 The proportion of admissions to publicly funded SUD treatment programs with marijuana as the primary drug began decreasing in FY1213.

• Primary marijuana admissions in LAC were most common among youth clients aged 17 and under in FY1213 to FY1920 and again in FY2223. Primary marijuana admissions were also high for adults aged 26-34 years.

• In FY2223, the rate of primary marijuana treatment admissions in LAC per 100,000 was highest among Blacks for all age groups, particularly Blacks aged 26-34 years. The primary marijuana treatment admission rate among those aged 26-34 years for Blacks was 3 times higher than that for Latinxs, and over 6 times than that for Whites.

1. Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health. <u>2008-2018 NSDUH Substate Region</u> <u>Estimates by Age Group</u>

• Marijuana is the most commonly used drug in the US, especially among young adults.

• Rates of marijuana use among youth aged 12-17 years, young adults aged 18-25 years, and adults aged 26+ years in Los Angeles County (LAC) were higher than the national average and lower than the state average.

• In 2016-2018, about 13% of youth, 37.8% of young adults, and 14.8% of adults had used marijuana in the past year in LAC.

• In LAC, rates of marijuana use in the past year have increased more rapidly than those of CA and US for young adults and adults from 2008 to 2018: Young adults by 33%, and adults by 61%.

2. Centers for Disease Control and Prevention. High School Youth Risk Behavior Survey, 2009-2021. Youth Online Data Analysis Tool.

• Marijuana use in the past month among high school students in the Los Angeles Unified School District was higher among males compared to females in LAC during the school years 2009-2011, then became similar between males and females thereafter. In 2021, past month use was higher among females than in males.

 In 2021, among males, current use of marijuana was highest for 11th graders (12%). Among females, those in 10th grade had the highest rates of current use (12.8%).

3. <u>Los Angeles County Health Survey, 2005-2023</u>. Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health.

• Marijuana use in the past year increased for all age groups from 2018 to 2023, except for underage adults (18-20 years) which experienced a 47% decrease. Past year use in 2023 was highest among young aged 21-25 years and adults aged 25-34 years.

For substance use disorder treatment in LAC, call the Substance Abuse Service Helpline (SASH) at 844-804-7500, or use the web-based Service & Bed Availability Tool (SBAT) For more information on substance use disorders in LAC, visit http://ph.lacounty.gov/sapc. For more data on marijuana in LAC, visit data story. For more information regarding this data brief, please contact Tina Kim, PhD at tkim@ph.lacounty.gov