

START-ODS AUTHORIZATION PROCESSES

Substance Abuse Prevention and Control County of Los Angeles Health Agency & Department of Public Health



Outline

- Drug Medi-cal Eligibility
- Medical Necessity
- Transition Timeline
- Preauthorization vs Authorization
- Preauthorized Services
 - Residential Treatment
- Authorized Services
 - MAT for youth
 - WM for youth
 - RBH
- Discussion / Q&A





Establishing Drug Medi-Cal (DMC) Eligibility

Drug Medi-Cal (DMC) Eligibility:

- 1. Medi-cal Status:
 - Providers must determine Medi-Cal status.
 - Patients must have Medi-cal or be Medi-cal eligible
- 2. Must be residents of Los Angeles County
- 3. Must meet medical necessity

* DMC eligibility must be renewed:

- Every 6 months for all non-OTP services
- <u>Every 12 months</u> for all <u>OTP services</u>

* Non-DMC patients will also need to meet medical necessity

SAPC will be providing the same service benefits to all patients, regardless of Medi-Cal or funding status (e.g., My Health LA, AB 109 or other County programs)



Medical Necessity Criteria

- 1. DSM-5 diagnosis
 - A. Adults (age 21+) must have DSM diagnosis for Substance-Related and Addictive Disorders with the exception of Tobacco-Related Disorders and Non-Substance Related Disorders
 - B. Youth (age 12-17) and Young Adults (age 18-20) must have DSM diagnosis for Substance-Related and Addictive Disorders with the exception of Tobacco-Related Disorders and Non-Substance Related Disorders OR be assessed to be at-risk for developing substance use disorder
- 2. ASAM Criteria used to determine medically necessary level of care to ensure that services are appropriate and provided in the appropriate level of care









Who needs to meet medical necessity?

- All patients who begin treatment after July 1, 2017 and/or receive benefits through START-ODS after July 1, 2017 need to meet medical necessity
- The LPHA must determine medical necessity within fifteen

 (15) calendar days of the treatment admission date, and must document the basis for the diagnosis and medical necessity within the individual patient records.



- Who can establish medical necessity?
 - Medical necessity must be verified by an LPHA via a face-toface or telehealth review with the individual conducting the assessment (e.g. SUD counselor).
 - The service request form MUST INCLUDE:
 - 1. Signature of the LPHA verifying medical necessity; AND
 - 2. Signature of the SUD counselor who conducted the in person assessment, if assessment was not done by LPHA him/herself.

Who can be an LPHA?

Physician Nurse Practitioner Physician Assistant Registered Nurse Registered Pharmacist Licensed Clinical Psychologist Licensed Clinical Social Worker Licensed Professional Clinical Counselor Licensed Marriage and Family Therapist Licensed-Eligible Practitioner (Working under the supervision of a licensed clinician)



- DSM 5 diagnosis + ASAM Assessment
- ASAM Assessments
 - During the transition period, all ASAM assessments and at-risk youth assessments will be paper-based.
 - Patients who call SASH will be screened via ASAM
 Co-triage and given *provisional level of care*
 - Providers are responsible for completing a full
 ASAM assessment at the provider site in order to establish medical necessity and ensure patient is directed to the appropriate LOC



Important Note: Assessment tools are only tools. They do NOT replace sound judgment by counselors and clinicians



Transitioning Residential Cases

- Providers need to start verifying county of residence (COR; must be LA County) and Medi-Cal status starting <u>6/1/17</u>
- Providers must continue checking both COR & Medi-Cal status on a <u>monthly basis</u> for each patient thereafter
- For those currently in residential treatment, SAPC will automatically authorize residential cases for 60 calendar days
- Necessary reauthorizations will occur accordance with process outlined in timeline table later in this presentation





Transitioning Non-Residential Cases (OTP, OP, OP-WM, & IOP)

- Providers needs to starting verifying county of residence (COR; must be LA County) and Medi-Cal status starting <u>6/1/17</u>
- Providers must continue checking both COR & Medi-Cal status on a monthly basis for each patient thereafter
- Non-residential medical necessity verifications will be stratified by level of care:
 - Outpatient Withdrawal Management (ASAM 1-WM)
 - Medical necessity needs to be verified by SAPC within <u>1 month</u> of DMC-ODS launch (by 8/1/17)
 - Intensive Outpatient (ASAM 2.1)
 - Medical necessity needs to be verified by SAPC within <u>3 months</u> of DMC-ODS launch (by 10/1/17)
 - Outpatient (ASAM 1.0)
 - Medical necessity needs to be verified by SAPC within <u>4 months</u> of DMC-ODS launch (by 11/1/17)
 - OTP
 - Medical necessity needs to be verified by SAPC within <u>6 months</u> of DMC-ODS launch (by 1/1/18)



Transitioning Residential Withdrawal Management (ASAM 3.2-WM)

- Providers needs to starting verifying county of residence (COR; must be LA County) and Medi-Cal status starting <u>6/1/17</u>
- Providers must continue checking both COR & Medi-Cal status on a monthly basis for each client thereafter
- All active residential withdrawal management (ASAM 3.2-WM) cases at the time of START-ODS launch on 7/1/17 need to be submitted to SAPC to verify DMC eligibility and medical necessity within <u>seven (7) calendar</u> <u>days</u> of START-ODS launch on 7/1/17.
 - ASAM 3.2-WM services do not require preauthorization or authorization, but are not reimbursed beyond fourteen (14) calendar days. Exceptions may be made to extend ASAM 3.2-WM stays based on medical necessity, but these require special SAPC authorization.
 - Care should be transitioned to a lower level of care, as soon as clinically indicated.



New Patients after July 1, 2017

- In order to receive outpatient services, new patients must first be determined to be eligible for services
 - Currently enrolled or eligible for Medi-Cal, MHLA, or other qualified County Program (e.g., AB 109)
 - Meet County of Residence criteria (e.g., be a LA County resident)
 - Meet medical necessity
- Service Request form to establish DMC eligibility/medical necessity must be submitted to SAPC within fifteen (15) calendar days of initiation of treatment for all new patients after July 1, 2017





Service Request Form – OP, IOP, OTP, OP-WM (adults)

23.





SUBSTANCE ABUSE PREVENTION AND CONTROL Adult, Young Adult, and Youth Service Request Form

22	. DSM	Diagnosi:	for	Substance	Use	or	Substance	Use	Diagnosis	At	Risk	For:
23	. Leve	l of Care I)ete	mination:								

MEDICAL NECESSITY FOR ALL LEVELS OF CARE

				24. Printed Name of LPHA from the ASAM Assessment Form:			
1. Today's Date: 2. Treatment Start Date:				24. Printed Name of LPHA from the	ASAM Assessment Form:		
Part A	Part A PART A - MUST BE COMPLETED FOR ALL LEVELS OF CARE			25. Discipline:	26. License N	Jumber:	
PATIENT INFORMATION							
3. Name: (Last, First, Middle)		4. Date of Birth: (MM/DD/YY)	5. Medi-Cal or MHLA Number:	Part B COMPLETE THIS SECTION	AUTHORIZATION / AUTHORIZATI ON ONLY IF REQUESTING ONE OF TH pedited Authorizativ	ION SERVICE REQUEST HE * RVICES LISTED BELOW tion (Current Authorization #:	
6. Address:		60)	ang fa	28. Check if the patient is:	tult (r	(ver)	
7. Phone Number:	Okay to Lea	ve a Message? 🛛 Yes 🗆 No	8. Gender:	Preauthorized Services	4		
 Perinatal Patient: □ Yes □ If yes, provide verification 	Perinatal Patient: Yes No N		Residential Services ASAM level <u>3.1 Clinically M</u>	31.	(WM) for Youth Under Age		
	PROVIDER IN	FORMATION	1	ASAM level 3.3 Clinically M	maged H	el 3.2-WM (residential)	
12. Provider Agency Name:				(Population Specific) □ ASAM level <u>3.5 Clinically M</u>	anar	ted Treatment for Youth Under Age 18 visted Treatment for Youth Under Age	
13. Address:				(Non-Population Specific)			
14. Name of Contact Person:		15. Email Address of Contact Per	son:		4	nust submit authorization Request Form	
16. Phone Number of Contact P	'erson:	17. Fax Number:				<u>Aequest Pormj</u>	
ELIGIBILITY REQUIREM	IENTS FOR SPECIALTY SUB COU	STANCE USE DISORDER SER NTY	VICES IN LOS ANGELES				
18. Is the patient a resident of Los Angeles County? 🗆 Yes 👘 No							
19. Is the patient Medi-Cal Eligible? 🗆 Yes 👘 No. If yes, please go to question 20. If no, please go to question 21.						*	
20 Are the beneficiary's Med-Cal benefits assigned to Los Angeles County? □ Yes □ No. 21. Is the patient a participant in the My Health LA (MHLA) program or other qualified county funded benefits? (e.g. AB 109) □ Yes □ No			29. Name of Provider submitting requ	est: 30. Provider Signature:	31. Date:		
				EXTERNAL SAPC REVI	W This section will include communication	on between SAPC and the agency/provider.	



Preauthorization vs. Authorization

- Preauthorization Provider must request approval from SAPC before beginning treatment.
 - Residential treatment services are the only services that require preauthorization
 - Providers who assume the financial risk are permitted to deliver residential treatment services prior to receiving SAPC approval
- Authorization Services may be provided prior to approval from SAPC
 - Medication-Assisted Treatment for youth
 - Withdrawal Management for Youth
 - Recovery Bridge Housing
- All service preauthorizations & authorizations will be submitted to SAPC via fax during the transition period.





Preauthorization vs. Authorization





Residential Preauthorization Process

- Residential services will require preauthorization by SAPC prior to the service being approved and paid for.
 - SAPC is required to preauthorize these residential cases within 24 hrs
 - Preauthorization does not apply to residential withdrawal management WM-3.2)
 - <u>Exception</u>: Providers are able to admit patients prior to SAPC preauthorization if they accept financial risk for the admission
 - If SAPC ultimately approves the residential service, reimbursement will be retroactively paid to the date of service delivery; but if SAPC ultimately denies approval for the residential service, provider will not be reimbursed for the delivery of that residential service

• Examples:

- Cases where relapse risk is deemed to be significant without immediate placement in residential care
- Admissions on weekends and/or holidays



Residential Preauthorization Process

- Residential preauthorizations are only required when:
 - Initiating residential care
 - Transitioning from non-residential to residential levels of care
- Transitions within residential levels of care (either up or down) require submission of a Transfer/Discharge form but do NOT require a residential reauthorization
- If patients leave treatment, SAPC must be notified of the transition within three (3) business days of the transition





Service Request Form – Preauthorization/Residential





SUBSTANCE ABUSE PREVENTION AND CONTROL Adult, Young Adult, and Youth Service Request Form

1.Today's Date:	day's Date: 2. Treatment Start Date: PART A - MUST BE COMPLETED FOR ALL LEVELS OF CARE					
Part A Part A						
	PATIENT INFORMATION		Pa			
3. Name: (Last, First, Middle)	4. Date of Birth: (MM/DD/YY)	5. Medi-Cal or MHLA Number:	27.0			
5. Address:		de5 (1)	20.			
7. Phone Number:	Okay to Leave a Message? 🛛 Yes 🗋 No	8. Gender:	Pre			
	Griminal Justice Involved Patient: □Yes □No Yes, provide Criminal Justice Identification Number:	11. Race/Ethnicity (Optional):				
	PROVIDER INFORMATION					
12. Provider Agency Name:13. Address:			[
14. Name of Contact Person:	15. Email Address of Contact Per	son:				
16. Phone Number of Contact Person:	17. Fax Number:					
ELIGIBILITY REQUIREMENTS	FOR SPECIALTY SUBSTANCE USE DISORDER SER COUNTY	VICES IN LOS ANGELES				
Is the patient a resident of Los Ange	eles County? 🗆 Yes 🛛 No					
19. Is the patient Medi-Cal Eligible? □	Yes 🗆 No. If yes, please go to question 20. If no, please	go to question 21.				
20 Are the beneficiary's Med-Cal benef	fits assigned to Los Angeles County? 🗆 Yes 🛛 No.					
21. Is the patient a participant in the My □ Yes □ No	Health LA (MHLA) program or other qualified county fun	ded benefits? (e.g. AB 109)	29.1			

MEDICAL NECESSITY FOR ALL LEVELS OF CARE					
2. DSM Diagnosis for Substance Use or Substance Use Diagnosis At Risk For:					
3. Level of Care Determination:					
24. Printed Name of LPHA from the A	SAM Assessment Form:				
25. Discipline:		26. License Number:			
		UTHORIZATION SERVICE REQUEST NG ONE OF THE SERVICES LISTED BELOW			
7. Check One: ⊠Preauthorization □ A	uthorization □*Expedited	Authorization Reauthorization (Current Authorization #:			
)					
 Check if the patient is: Youth (use) 	nder age 18) □Young Adı	ult (age 18-20) 🖾 Adult (age 21 and over)			
Preauthorized Services		Authorized Services			
Preauthorized Services Residential Services	anaged Low-Intensity	Authorized Services Withdrawal Management (WM) for Youth Under Age 18			
Residential Services ⊠ ASAM level <u>3.1 Clinically Ma</u>		Withdrawal Management (WM) for Youth Under Age 18 ASAM level <u>1-WM (outpatient/ambulatory)</u>			
Residential Services		Withdrawal Management (WM) for Youth Under Age 18			
Residential Services	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level <u>1-WM (outpatient/ambulatory)</u> ASAM level <u>3.2-WM (residential)</u> Medication-Assisted Treatment for Youth Under Age 18			
Residential Services	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level <u>1-WM (outpatient/ambulatory)</u> ASAM level <u>3.2-WM (residential)</u> Medication-Assisted Treatment for Youth Under Age 18			
Residential Services ☑ ASAM level <u>3.1 Clinically Ma</u> □ ASAM level <u>3.3 Clinically Ma</u> (Population Specific) □ ASAM level <u>3.5 Clinically Ma</u>	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level 1-WM (outpatient/ambulatory) ASAM level 3.2-WM (residential) Medication-Assisted Treatment for Youth Under Age 18 Medication-Assisted Treatment for Youth Under Age 18			
Residential Services ☑ ASAM level <u>3.1 Clinically Ma</u> □ ASAM level <u>3.3 Clinically Ma</u> (Population Specific) □ ASAM level <u>3.5 Clinically Ma</u>	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level 1-WM (outpatient/ambulatory) ASAM level 3.2-WM (residential) Medication-Assisted Treatment for Youth Under Age 18 Medication-Assisted Treatment for Youth Under Age 18 Recovery Bridge Housing - must submit authorization			
Residential Services ☑ ASAM level <u>3.1 Clinically Ma</u> □ ASAM level <u>3.3 Clinically Ma</u> (Population Specific) □ ASAM level <u>3.5 Clinically Ma</u>	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level 1-WM (outpatient/ambulatory) ASAM level 3.2-WM (residential) Medication-Assisted Treatment for Youth Under Age 18 Medication-Assisted Treatment for Youth Under Age 18 Recovery Bridge Housing - must submit authorization			
Residential Services ☑ ASAM level <u>3.1 Clinically Ma</u> □ ASAM level <u>3.3 Clinically Ma</u> (Population Specific) □ ASAM level <u>3.5 Clinically Ma</u>	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level 1-WM (outpatient/ambulatory) ASAM level 3.2-WM (residential) Medication-Assisted Treatment for Youth Under Age 18 Medication-Assisted Treatment for Youth Under Age 18 Recovery Bridge Housing - must submit authorization			
Residential Services ☑ ASAM level <u>3.1 Clinically Ma</u> □ ASAM level <u>3.3 Clinically Ma</u> (Population Specific) □ ASAM level <u>3.5 Clinically Ma</u>	naged High Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level 1-WM (outpatient/ambulatory) ASAM level 3.2-WM (residential) Medication-Assisted Treatment for Youth Under Age 18 Medication-Assisted Treatment for Youth Under Age 18 Recovery Bridge Housing - must submit authorization			
Residential Services	naged High Intensity naged High-Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level <u>1-WM (outpatient/ambulatory)</u> ASAM level <u>3.2-WM (residential)</u> Medication-Assisted Treatment for Youth Under Age 18 <u>Medication-Assisted Treatment for Youth Under Age</u> 18 <u>Recovery Bridge Housing - must submit authorization</u> <u>request via RBH Authorization Request Form</u>)			
Residential Services ☑ ASAM level <u>3.1 Clinically Ma</u> □ ASAM level <u>3.3 Clinically Ma</u> (Population Specific) □ ASAM level <u>3.5 Clinically Ma</u>	naged High Intensity naged High-Intensity	Withdrawal Management (WM) for Youth Under Age 18 ASAM level <u>1-WM (outpatient/ambulatory)</u> ASAM level <u>3.2-WM (residential)</u> Medication-Assisted Treatment for Youth Under Age 18 <u>Medication-Assisted Treatment for Youth Under Age</u> 18 <u>Recovery Bridge Housing - must submit authorization</u> <u>request via RBH Authorization Request Form</u>)			



Residential Preauthorization Process

- Residential Grace Period Adults who are DMC eligible and age 21 and over only
 - N/A to Youth (age 12-17) or Young Adults (age 18-20)
 - While DMC will only reimburse two non-continuous residential admissions per year, SAPC will implement a 7 calendar day grace period by which the residential stay for adults age 21 and over who leave (e.g., drop out) or are administratively discharged (e.g., kicked out for reason) from residential treatment within 7 calendar days will be reimbursed with non-DMC funds → This will help preserve the two allowable DMC reimbursable residential admissions per year.
 - The first residential admission for adults age 21 and over will always be paid for via DMC, even if less than 7 calendar days. However, the residential grace period will apply for subsequent residential admissions with no cap (e.g., the residential grace period applies for all residential admissions beyond the first admission).
 - <u>Grace period is not necessary for youth</u> given that their residential services are provided via EPSDT based on medical necessity.
 - Bottom-line, patients who need residential treatment services will receive necessary services and providers will be reimbursed for the delivery of those services, assuming medical necessity is established.

Residential Preauthorizations – Youth, Young Adults, & Adults

Age Group	ge Group Initial Residential Residential Preauthorization Reauthorization		Drug Medi-Cal Service Limits	7-Day Grace Period
Youth under age 18	Thirty (30) calendar days at the outset of residential services	Every thirty (30) calendar days, based on medical necessity	N/A	N/A
Young Adult age 18 – 21	Sixty (60) calendar days at the outset of residential services	Every thirty (30) calendar days, based on medical necessity	N/A	N/A
Adult over age 21	Sixty (60) calendar days at the outset of residential services	Every thirty (30) calendar days, based on medical necessity	Maximum DMC reimbursable residential length of stay is ninety (90) calendar days, with one thirty (30) calendar day extension in a one-year period, based on medical necessity	Yes

Residential Preauthorizations – Perinatal & Criminal Justice Adults

Age Group	Initial Residential Preauthorization	Residential Reauthorizations	Drug Medi-Cal Service Limits	7-Day Grace Period
Perinatal Adults	Sixty (60) calendar days at the outset of residential services	Every thirty (30) calendar days, based on medical necessity	Maximum DMC reimbursable residential length of stay is up to sixty (60) calendar days after the postpartum period, based on medical necessity	Yes
Criminal Justice Adults	Sixty (60) calendar days at the outset of residential services	Every thirty (30) calendar days, based on medical necessity or court mandate	Maximum DMC reimbursable residential length of stay is ninety (90) calendar days, with one thirty (30) calendar day extension in a one-year period, based on medical necessity, and the ability to fund additional lengths of residential stay with non- DMC funding	Yes



Authorized Services

- MAT for Youth (case-by-case basis)
 - Authorization can be submitted at the same time as treatment begins however reimbursement for services will not occur until SAPC grants authorization
 - Reauthorization required every 30 calendar days up until age 18

Withdrawal Management for Youth (case-by-case basis)

- Withdrawal management (WM) for <u>adults</u> does not require preauthorization or authorization in any setting.
- For youth, WM is not an ASAM level of care and is therefore not included in the DMC-ODS youth benefit package. However, WM may be approved for youth on a case-by-case basis via an authorization process if determined to be medically necessary, and may be integrated with services in other settings.
- Youth WM is authorized for the full duration of the WM episode → As a result, reauthorizations and requests for continuation of youth WM services are N/A.
- Youth WM is an authorized and NOT a preauthorized service, meaning that providers can deliver the service prior to SAPC authorization, but will only be reimbursed once SAPC grants authorization.
- WM for youth may involve medication-assisted treatment (MAT) → MAT for youth under age 18 requires authorization → This may be included on same Service Request Form

Recovery Bridge Housing

Only available to adults 18+ who are concurrently enrolled in OP/IOP/OTP/OP-WM treatment settings.



Service Request Form – WM for Youth

29. Name of Provider submitting request:



1. Today's Date:

6. Address:

13. Address:

12. Provider Agency Name:

14. Name of Contact Person:



SUBSTANCE ABUSE PREVENTION AND CONTROL Adult, Young Adult, and Youth Service Request Form

			CAL NECESSITY LEVELS OF CARE		
SUBSTANCE ABUSE PREVENTION		22. DSM Diagnosis for Substance Use or Substance Use Diagnosis At Risk For: 23. Level of Care Determination: 24. Printed Name of LPHA from the ASAM Assessment Form:			
Adult, Young Adult, and Youth Servio	ce Request Form				
.Today's Date:	2. Treatment Start Date:	24. I finited Name of LI IIA from the ASAM Assessment P	Sin.		
Part A PART A - MUST BE CO	DMPLETED FOR ALL LEVELS OF CARE	25. Discipline:	26. License Number:		
PATIENT IN	FORMATION				
. Name: (Last, First, Middle)	4. Date of Birth: (MM/DD/YY) 5. Medi-Cal or MHLA Number:	Part B COMPLETE THIS SECTION ONLY IF REQUE	S / AUTHORIZATION SERVICE REQUEST STING ONE OF THE SERVICES LISTED BELOW		
			dited Authorization □Reauthorization (Current Authorization #:		
. Address:		28. Check if the patient is: ⊠Youth (under age 18) □Young Adult (age 18-20) □Adult (age 21 and over)			
. Phone Number: Okay to I	.eave a Message? 🗆 Yes 🗆 No 🛛 8. Gender:	Preauthorized Services	Authorized Services		
Perinatal Patient: Ves No 10. Criminal Justice Involve If yes, provide verification If yes, provide Criminal	ed Patient: Yes No 11. Race/Ethnicity Justice Identification Number: (Optional):	Residential Services ASAM level <u>3.1 Clinically Managed Low-Intensity</u>	Withdrawal Management (WM) for Youth Under Age 18 ASAM level <u>1-WM (outpatient/ambulatory)</u>		
PROVIDER	INFORMATION	ASAM level 3.3 Clinically Managed High Intensity	ASAM level <u>3.2-WM (residential)</u>		
2. Provider Agency Name:		(Population Specific)	Medication-Assisted Treatment for Youth Under Age 18		
		ASAM level <u>3.5 Clinically Managed High-Intensity</u> (Non-Population Specific)	5		
3. Address:		(ivon optiation specific)	10		
4. Name of Contact Person: 15. Email Address of Contact Person:			<u>Recovery Bridge Housing - must submit authorization</u> request via RBH Authorization Request Form)		
6. Phone Number of Contact Person: 17. Fax Number:			request via KBH Authorization Request Form)		
	UBSTANCE USE DISORDER SERVICES IN LOS ANGELI OUNTY	58			
8. Is the patient a resident of Los Angeles County? 🗆 Yes	🗆 No				
9. Is the patient Medi-Cal Eligible? 🗆 Yes 🗆 No. If yes, p	lease go to question 20. If no, please go to question 21.				

20 Are the beneficiary's Med-Cal benefits assigned to Los Angeles County?
Yes No.

21. Is the patient a participant in the My Health LA (MHLA) program or other qualified county funded benefits? (e.g. AB 109) □ Yes □ No

EXTERNAL SAPC REVIEW This section will include communication between SAPC and the agency/particle.

30. Provider Signature:

31. Date:



Recovery Bridge Housing

- Patients who receive RBH must be abstinent from substances of abuse (NOT including MAT) and concurrently receiving OP/IOP/OTP/OP-WM treatment.
- SAPC may authorize up to 90 calendar day stay in RBH per calendar year for eligible adults.
 - Perinatal patients are eligible for extended lengths of stay up to sixty (60) calendar days after the postpartum period, based on medical necessity.
 - Patients who do not utilize the entirety of the 90 days during the year may use the remainder of the unused days later during the calendar year, as necessary.
- RBH aligns with the spirit of the American Society of Addiction Medicine (ASAM) criteria for patients to be placed in the least restrictive environment necessary to meet their biopsychosocial needs.





Recovery Bridge Housing

Homeless adult patients receive priority for RBH subsidy, including:

- Chronically homeless
- High utilizer patients (SAPC high tier care management definition)
- Perinatal patients
- HIV/AIDS patients
- Intravenous Drug Users
- Certain non-AB 109 criminal justice patients without housing funded through criminal justice system
- Transition Age Youth (18-25)
- Homeless patients stepping down from residential treatment
- Lesbian, gay, bisexual, transgender and questioning (LGBTQ) populations

*<u>Note</u>: Undocumented homeless adult patients who meet the criteria listed above are eligible for placement in RBH



RBH Authorization Request Form





SUBSTANCE ABUSE PREVENTION AND CONTROL RECOVERY BRIDGE HOUSING (RBH) AUTHOR-IZATION REQUEST FORM

			_		
1. Today's Date:	2. Admission Date:				
PATIENT INFORMATION					
3. Name: (Last, First, and Middle)	4. Date of Birth (MM/DD/YY):	Medi-Cal or My Health LA Number:			
6. Address:		7. Is the patient homeless?	20. Has the patient be	een screened for Whole Person Care (WPC)	? 🗆 Yes 🔲 No If no, is the patient interested?
		🗆 Yes 🗆 No	21. DSM-5 Diagnosi	s of Substance Use Disorder(s):	
8. Phone Number: Okay to	Leave a Message? 🛛 Yes 🗆 No	9. Gender:			
			22. Staff Name		23. Staff Signature
10. Perinatal patient: 🗆 Yes 🗆 No		11. Criminal Justice Involved Patient: Yes I No			
If yes, provide verification		If yes, provide verification with Criminal Justice Identification Number:	EXTERN	AL SAPC REVIEW This section will incl	ude communication between SAPC and the agency/provider
			Approved	Denied Further review required	
OUTPATI	ENT TREATMENT PROVIDER	RINFORMATION	1		
12. Provider Agency Name:	13. Please check if:		Comments:		
	Outpatient (ASAM le				
	□ Intensive Outpatient				
		ry) Withdrawal Management (ASAM level 1-WM) gram (aka: Narcotic Treatment Program)			
14. Address:		gram (aka. Narcouc Treatment Program)	-		
17.11001C33.					
15. Name of Contact Person:	16. Email Add	lress:	Reviewed by:	Supervisor Reviewer:	Date:
17. Phone Number of Contact Person:	18. FAX num	ber:			
19.0	CHECK ALL APPLICABLE PO	PULATIONS		INTERNAL SAPC USE ONLY This :	section is reserved for internal SAPC use only.
			Approved	Denied Further review required	
Perinatal	Transition	Age Youth (TAY population aged 18-25 years)			
 Active Intravenous Drug User (within the la 		(without alternative funding for recovery housing)	Comments:		
		ay, Bisexual, Transgender, Questioning (LGBTQ)	Comments.		
		pending on availability)			
Chronically Homeless		cending on availability)			
			Reviewed by:	Supervisor Reviewer:	Date:



Recovery Bridge Housing

SAPC Authorization and Oversight Role for RBH

- Patient eligibility for RBH must be authorized by SAPC
- SAPC Contracts will provide monitoring and oversight of subsidized RBH to ensure quality and adherence to requirements.
- SUD treatment case managers must assist patient to get linked to permanent housing options for which they may be eligible through Coordinated Entry System (CES).

RBH Provider Expectations

- RBH providers must meet or exceed SAPC RBH standards of care (based on NARR standards of care).
- Planning for housing placement at discharge begins as soon as patient enters program, either in RBH or other housing options available through Coordinated Entry System (CES).





Recovery Bridge Housing Discharge Form





	ABUSE PREVENTION AND CONTROL BRIDGE HOUSING DISCHARGE FORM	18. Was the VI-SPDAT Completed?			
1.Today's Date:	2. Specify number of RBH days for this episode:				
	PATIENT INFORMATION				
3. Name: (Last, First, Middle):	4. Date of Birth: 5. Medi-Cal or MHI (MM/DD/YY): Number:				
		20. Is the patient continuing in SUD treatment following discharge from RBH? 🗌 Yes 🗌 No. Please explain:			
6. Address:		21. Staff Name: 22. Staff Signature:			
7. Phone Number:	Okay to Leave a Message? Yes No 8. Gender:				
9. Admission Date: 10. Discharge D	ate: 11. Discharge Diagnosis:	This confidential information is provided to you in accord with State and Federal laws and regulations including but not limited to APPLICABLE Welfare and Institutions Code, Civil Code, HIPAA Privacy Standards, and 42 CFR Part 2.			
	RBH AGENCY	Duplication of this information for further disclosure is prohibited without the prior written authorization of the			
12. Agency Name:		patient/authorized representative to who it pertains unless otherwise permitted by law.			
13. Address:		EXTERNAL SAPC REVIEW This section will include communication between SAPC and the agency/provider. Comments:			
14. Contact Person:		—			
15. Contact Person Phone Number:					
	DISCHARGE INFORMATION				
16. Please explain the reason for discharge		Assigned Staff: Reviewed by: Signature: Date:			
		INTERNAL SAPC USE ONLY This section is reserved for internal SAPC use only.			
		Comments:			
		Assigned Staff: Reviewed by: Signature: Date:			
17. Has the Patient Been Screened for Wh	ole Person Care?				
□ Yes □ No		* Must be completed within thirty (30) days of last face to			
If no, is the patient interested?		face contact with patient			



Don't Forget Documentation

- What is "purposeful and thorough" documentation?
 - SUMMARY of the unique biopsychosocial details of a case
 - WHAT services are being provided
 - WHY are the services being provided
 - Provide care rationale and mindset of the counselor or LPHA providing the service
 - Describe why, after when considering the unique biopsychosocial circumstances of a case, a particular service is being provided

– "If it's not written down, it didn't happen"

 SAPC Utilization Management staff will make service authorization decisions, which will ultimately impact reimbursement, based on what is and is not included in clinical documentation by counselors and clinicians



Panel Discussion / Q&A

