



SYSTEM TRANSFORMATION TO ADVANCE RECOVERY AND TREATMENT

Los Angeles County's Substance Use Disorder Organized Delivery

YOUTH SYSTEM OF CARE

The Youth System of Care is currently comprised of 14 community-based agencies providing services in 24 sites (19 outpatient and 5 residential) tailored to meet the needs of youth (ages 12 through 17), whose alcohol and/or other drug use has escalated to substance abuse or dependence.

Provider Eligibility Requirements

- All providers must be Drug Medi-Cal certified to provide substance use disorder (SUD) services.
- Each SUD provider should have a Medical Director and/or other Licensed Practitioner of the Healing Arts.
- Youth (12-17) residential providers must also have group-home license from Department of Social Services.

Required Trainings for Youth Providers

- Youth SUD providers must ensure staff are trained on the American Society of Addiction Medicine (ASAM) Criteria.
- Youth SUD provider's assessment staff must be capable of determining medical necessity and Level of Care.
- Youth SUD provider staff must be trained on how to apply at least two Evidence-Based Practices: Motivational Interviewing and Cognitive Behavioral Therapy.

Youth Providers' Responsibilities to Ensure Delivery of Treatment Services

- Youth SUD agencies will establish a protocol/procedure to provide treatment and to coordinate services including assessment, determination of medical necessity, levels of care, case management, transition and discharge planning, and recovery supportive services.
- Youth SUD residential providers (ASAM Level of Care 3.1 and 3.5) will ensure staff are trained on the protocol/procedure for obtaining pre-authorization for residential services by the Office of the Medical Director and Science Officer.
- Youth SUD providers can request authorization from the Office of the Medical Director and Science Office for Medication-Assisted Treatment and will be available on a case-by-case basis.

Outpatient/Intensive Outpatient/Residential Length of Stay

- Outpatient Services (ASAM Level 1): Youth services can be provided up to 6 hours per week.
- Intensive Outpatient Services (ASAM Level 2.1): Youth services must be between 6 – 19 hours per week.
- Residential services for youth will be up to 30 days.
- Expanded service components of Outpatient and Intensive Outpatient Services include: *Intake, Assessment, Individual Counseling, Group Counseling, Patient Education, Family Therapy, Medication Services, Collateral Services, Crisis Intervention Services, Treatment Planning and Discharge Services.*