



YOU ARE INVITED TO

SUMMER

SELF CARE

COME LEARN WHAT YOU CAN
DO THIS SUMMER TO CARE
FOR YOURSELF.
FREE GIVEAWAYS.

Thursday, July 31
3:00 PM - 4:00 PM

Whittier Wellness Community
7643 S. Painter Ave.
Whittier, CA 90602

FOR QUESTIONS: (562) 775-6104



ESTAN INVITADOS A
CUIDADO
PERSONAL DE
VERANO

**VENGAN A APRENDER QUÉ
PUEDEN HACER ESTE
VERANO PARA CUIDARSE.
REGALOS GRATIS.**

Jueves, 31 de Julio
3:00 PM - 4:00 PM

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Whittier, CA 90602

PARA PREGUNTAS: (562) 775-6104

