

# Ask Me About Valley Fever.

Valley Fever is an illness caused by a fungus (a type of germ) that lives in the soil and dirt. If the fungus is breathed in, it can infect the lungs and cause flu-like symptoms or severe illness.

## Symptoms:

What are the signs?

- ✓ Fever
- ✓ Feeling tired
- ✓ Cough
- ✓ Night sweats
- ✓ Rash

## Prevention

How do I avoid getting sick?

- Avoid breathing the air in dusty areas
- Wet the soil or dirt before playing in it
- Stay inside during dust storms
- Roll up car windows if you're in a dusty area



## Word Search

S	D	I	R	T	O	F	N	L	J
H	M	E	V	V	A	L	L	E	Y
N	X	W	G	V	S	Y	H	X	F
X	L	U	Y	W	D	C	A	L	U
M	O	C	F	B	U	F	C	U	N
W	Z	D	U	S	T	E	O	N	G
S	Q	Q	F	F	T	V	U	G	U
E	O	D	Q	R	U	E	G	S	S
P	E	I	S	K	V	R	H	C	K
J	M	T	L	X	Q	J	K	I	I

### Word Bank:

- Fever
- Cough
- Valley
- Dust
- Soil
- Fungus
- Dirt
- Lungs

3 things I can share with my parents about Valley Fever:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Visit <http://publichealth.lacounty.gov/acd/Diseases/Cocci.htm> for more information.